



Teaneck Community Education Center

Teaneck Board of Education / One Merrison Street, Teaneck, New Jersey 07666 / 201 833-5514

Register Now for Spring 2012

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Register Early By Mail
or In Person
Mon. - Fri., 9 a.m. - 4 p.m.



SOMETHING FOR EVERYONE!





REGISTRATION

◆ FEES AND POLICIES ◆

Classes are open to Teaneck residents and non-residents, except where indicated and, unless noted, to high school students as well as adults.

Registration is ongoing and now open, by mail or in person, Monday through Friday, 9:00 a.m. - 2:00 p.m., at the Teaneck Community Education Center, One Merrison Street. **REGISTER EARLY** to assure your place in class and ensure that the class will have sufficient enrollment. Unless notified, you are automatically registered when your tuition has been received. For registration confirmation, enclose a self-addressed, stamped envelope.

Payment

Registrations will not be accepted without payment of fees. Registration forms must be included in mail-in registrations, and filled out for in-person registrations. We accept checks, money orders, and cash for the exact amount. The Center must receive and process all payments. Instructors are not responsible for collecting payments (unless otherwise indicated).

Refund Policy

- If a course or trip is canceled, you may transfer to a different course or receive a full refund or credit.
- A refund or credit, less a \$10 processing fee, will be issued with written notification of withdrawal five working days prior to the start of a class.
- A refund from Group Tours, Inc., will only be given on single-day tours when cancellation occurs more than 30 days prior to departure (see information on page 14). **For extended day trips, see information beginning on page 15.**

- It may take four to six weeks to process a refund.
- No refunds or credits will be given after a class / trip has started.
- No refunds or credits will be given for classes / trips not attended.
- Please read the course descriptions carefully; make certain that the course is appropriate for you (or your child) before registering.

Discounts for Senior Citizens and High School Students (HS):

Where courses are offered to senior citizens (62 years and over) and high school students (grades 9-12) at a reduced rate, the discounted fees are listed next to the regular course fee. If there is insufficient enrollment to cover costs, participants may be asked to pay full price.

Other Information

- The Center assumes no responsibility for any consequences of a student's participation in any course.
- Any person participating in a course involving physical activities should first consult with his or her physician.
- Any person participating in a course on investment strategies, financial planning, career development, etc., should consult with qualified advisors before acting upon the information provided in the course.
- A \$35 fee will be charged for any returned check. As we cannot re-deposit a returned check, a cash payment must be made before a student may return to class.
- Classes will not be held if the Teaneck Public Schools are closed due to snow, etc. Makeup classes will be arranged, if possible.
- Please note the dates when schools are not in session (for holidays and recesses).

After-School Programs

Parents are reminded that all children must be picked up promptly from after-school and vacation programs.

School Closings

In case of snow or other hazardous conditions, the Teaneck Public Schools may announce a no-school day or a delayed opening. Announcements are made by 7:00 a.m. on radio stations 880 AM and 1010 AM, on channels 2 and 4, on Cable Channel 12, and on the district website at www.teaneckschools.org. Community Education Center classes held in school buildings will be canceled on no-school days. Classes will be held on delayed opening days. Check with your instructor, or call the Center at (201) 833-5514 for classes held in non-school buildings.

Scheduled Holidays and School Closings

The Teaneck Public Schools are closed on the dates below. Check with your instructor for classes held in non-school buildings (Eugene Field, Richard Rodda Center, Classic Residence, instructors' studios, etc.).

- Feb. 20 Winter Recess
- April 6 Good Friday
- April 9 - 13 Spring Recess
- May 28 Memorial Day

School Vacation Programs

Camp Kookooskoos will be available during the following dates (registration forms are available at the Center):

- April 9 - 13 Spring Recess

Please see page 23 for registration information. Remember to register early to ensure that programs run!

Summer 2012 Camp Applications are Available at the Center

- Camp Kookooskoos (Grades K-8)
- Musical Words (Grades 2-6)
- The Camp at Teaneck Creek (Gr. 2-5)

LOCATIONS & DIRECTIONS

Please refer to the map below to locate the site of your class.

Bryant - Bryant School

One Tryon Avenue
From Route 4, go north on Teaneck Road about 1 mile. Turn right on Tryon Avenue. Parking lot is on left. Enter building through door in parking lot.

BF - Benjamin Franklin Middle School

1315 Taft Road
From Route 4 (east), exit at Belle Avenue, make first left on Woods Road, turn left on Windsor Road. From Route 4 (west), exit at Belle Avenue, make first right on Billington Road, turn left on Windsor Road. School parking lot is several blocks down on left. Use parking lot entrance door on right.

EF - Eugene Field School

One Merrison Street
From Route 4, go south on Teaneck Road several blocks. Turn right on Edgemont Place and make immediate left turn into parking lot. Walk up parking lot stairs and around building to front entrance on Merrison Street.

Hawthorne - Hawthorne School

201 Fycke Lane
From Route 4, go south on Teaneck Road past Holy Name Hospital, turn left on Fycke Lane. Turn left on Lucy Avenue. Park on street.

Lowell - Lowell School

1025 Lincoln Place
From Route 4, exit at River Road going south, make a left on Ramapo Road, up hill to school. Park on street or in lot on left side of school.

THS - Teaneck High School

100 Elizabeth Avenue at Queen Anne Road
From Route 4 (west), exit at Queen Anne Road, turn left, back under Route 4. Make first left onto Route 4 entrance ramp and immediate right turn (before Route 4 entrance) on Elizabeth Avenue. From Route 4 (east), exit at Queen Anne Road, take immediate left on Elizabeth Avenue. Use main entrance facing Queen Anne Road or courtyard entrance at the back of school (elevator available). Please park in parking lot or on Elizabeth Avenue (not on Cranford Place).

TJ - Thomas Jefferson Middle School

655 Teaneck Road
From Route 4, exit Teaneck Road south, turn left on Fycke Lane. Parking lot on left. Enter building through main door in parking lot.

Whittier - Whittier School

491 West Englewood Avenue
From Route 4, exit River Road north (left turn), travel about 3/4 mile, turn right on West Englewood Avenue. School is on left. Park on street.

CR - Classic Residence

655 Pomander Walk
From Route 4, exit River Road going south, pass Cedar Lane (main intersection), turn right on Pomander Walk. Parking lot on right.

HNMC - Center for Healthy Living, Holy Name Medical Center

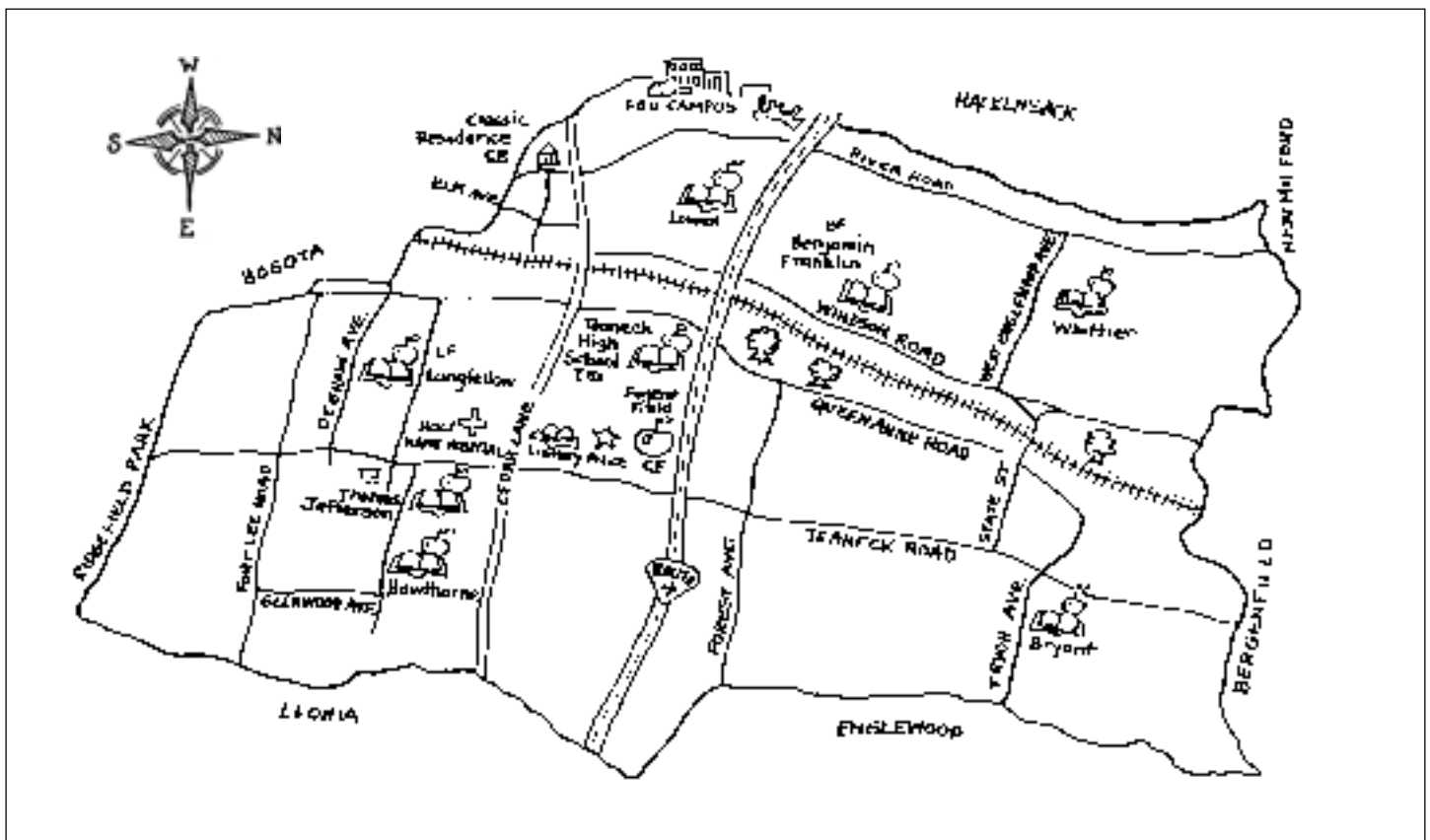
718 Teaneck Road
From Route 4, exit Teaneck Road south, pass Cedar Lane (main intersection), turn right into Hospital main entrance. Parking lot on right.

Puffin - Puffin Cultural Forum

20 Puffin Way
From Route 4, exit Teaneck Road south, turn left on Puffin Way, which is 1+ miles past Cedar Lane.

Rodda Center - Richard Rodda Community Center

250 Colonial Court (south end of Votee Park)
From Route 4, exit Queen Anne Road south, turn right on Dewey Place, turn right on Palisade Avenue, make first right on Colonial Court into parking lot.





ARTS AND CRAFTS

0306-05

Sketching: A Figure and Still-Life Workshop

March 6 - May 22 (10 sessions)
(no classes April 10 & May 8)
Tues., 7:00 - 9:30 p.m.

Location: Lowell Room 115

Fee: \$135 / \$125 Senior Citizens & HS
(plus \$20 model fee payable to instructor)

Discover a new world through drawing - the basic foundation of all visual arts. Learn to explore and strengthen technique and expand your imagination so that you can express yourself visually. In a relaxed and congenial atmosphere you will work at your own pace using pencil, ink, charcoal, and watercolor. Emphasis will be placed on shape, line, value, and form during class exercises, demonstrations, and critiques. Please bring all-purpose paper, a soft pencil, and a kneaded eraser to the first class.

Instructor: Elise Morenon, artist-designer, watercolorist, member AWS, NJWCS, TWSA

0307-04

Creative Watercolor Painting: A Hands-On Survey

March 7 - May 16 (10 sessions)
(no class April 11)
Wed., 7:00 - 9:30 p.m.

Location: Lowell Room 115

Fee: \$135 / \$125 Senior Citizens & HS
Serious students at any level will enjoy this workshop that will feature demonstrations, criticism, and individual attention. Work with basic and experimental techniques to explore the parameters of the medium and cultivate the pleasure of watercolor painting. Emphasis is on design and color. A supply list will be distributed at the first meeting.

Instructor: Elise Morenon, artist-designer, watercolorist, member AWS, NJWCS, TWSA

0306-07

Acrylic Painting - Absolute Beginners

March 6 - May 1 (8 sessions)
(no class April 10)
Tues., 10:00 a.m. - 12:00 noon

Location: Artist's studio (Teaneck location)

Fee: \$245 / \$235 Senior Citizens

Students are encouraged to explore their own creativity while learning the principles and techniques of painting with acrylics on canvas. Focus is on the use of color, texture, and

shading. Individual attention will be given. Please bring the following supplies to class: (shop at Pearl Paint - ask for sale items); 1 canvas (16"x20"), a set of 4 acrylic paint brushes, acrylic paint (1 tube each: cadmium red, cadmium yellow, ultramarine blue, medium green, sienna brown, titanium white, mars black, medium violet), a water container (anything from home) 1 pencil, 1 eraser, 1 plastic plate, 2 plastic knives. Wear comfortable clothing.
Instructor: Ronit Neeman Salei, artist

0313-10

Abstract Art

March 13 - May 8 (8 sessions)
(no class April 10)
Tues., 7:00 - 9:00 p.m.

Location: BF Room 101

Fee: \$180

Experience the beauty of abstract art - an art form that encourages freedom of expression. Art becomes abstract when a real life object or image is altered as the artist sees fit. Join this exciting workshop and learn how to use color, composition, brushstrokes, pure design concepts, visual images, pictures, and your imagination to reproduce your personal illusion of visible reality on canvas. Students will create a variety of small abstracts and one large abstract on canvas. Please bring the following supplies to class: 1 canvas (16"x20"), brushes (a variety of sizes), sketching pad, 1 pencil, a set of colored pencils, 1 eraser, 4 plastic knives, some plastic plates, a water container, and acrylic paints (tube or jar) one each: cadmium red, cadmium yellow, ultramarine blue, medium green, sienna brown, titanium white, mars black, medium violet. Wear comfortable clothing.

Instructor: Rachel Klein, abstract artist (see her artwork at www.rachelmayart.com).

0314-04

Abstract Art

March 14 - May 9 (8 sessions)
(no class April 11)
Wed., 10:00 a.m. - 12:00 noon

Location: Classic Residence Art Room

Fee and description same as above

The following four classes are taught by Betty Buffin, decorative painting artist

0303-01

Faux Finish Magic I

March 3 (1 session)
Sat., 10:00 a.m. - 1:00 p.m.

Location: Artist's studio (Bergenfield location - instructor has 2 cats)

Fee: \$45 (plus \$20 materials fee paid to instructor)

Faux finishes are the latest craze for walls and furniture. With step-by-step instruction, you'll discover the ease and beauty of sponge painting, rag rolling, color washes, and other finishes created by using ordinary household tools! You will also learn the technique of

marbelizing that can transform unattractive walls and furniture into works of art. During this workshop, we will paint small picture frames to take home. Dress appropriately.

0305-07

Faux Finish Magic I

March 5 (1 session)
Mon., 6:00 - 9:00 p.m.

Location, fee, and description same as above

0310-01

Faux Finish Magic II

March 10 (1 session)
Sat., 10:00 a.m. - 1:00 p.m.

Location: Artist's studio (Bergenfield location - instructor has 2 cats)

Fee: \$45 (plus \$20 materials fee paid to instructor)

Betty Buffin has even more amazing tricks up her sleeve to create stunning "fantasy finishes!" With her step-by-step instruction, it's easy to master techniques such as Venetian plaster, antiquing, suede and leather finishes, malachite and tortoise shell, to name just a few. We will paint small trinket boxes to take home. Dress appropriately.

0312-01

Faux Finish Magic II

March 12 (1 session)
Mon., 6:00 - 9:00 p.m.

Location, fee, and description same as above

The following pottery classes are taught by professional potter Pam Montalbano.

0321-02

Beginning Wheel Throwing

March 21 - May 16 (8 sessions)
(no class April 11)
Wed., 7:30 - 9:30 p.m.

Location: Artist's studio (Teaneck location)

Fee: \$200 (plus materials fee paid to instructor)

Enjoy the thrilling experience of making pots on the potter's wheel. (Remember the scene from the movie "Ghost?") Pots will then be trimmed, glazed, and fired, and will be ready for use in your kitchen.

0320-01

Pottery - All Levels

March 20 - May 15 (8 sessions)
(no class April 10)
Tues., 10:30 a.m.-12:30 p.m. or 7:30-9:30 p.m.
Location: Artist's studio (Teaneck location)

Fee: \$200 (plus materials fee paid to instructor)

Come one, come all levels - to make fun objects with clay. Attention will be given to individuals in both hand building and wheel throwing. Bring your creative ideas.

0320-02

Pottery: Crash Course

March 20 - May 1 (6 sessions)

(no class April 10)

Tues., 7:30 - 9:30 p.m.

Location: Artist's studio (Teaneck location)

Fee: \$156 (plus materials fee paid to instructor)

Get a quick taste of working with clay during this special six-week session. Explore your creativity while learning to make mugs, bowls, boxes, and more. Finished pieces will be glazed and fired and ready to use in your home.

0305-06

Knitting (All Levels)

March 5, 12, 19, 26 (4 sessions)

Mon., 7:30 - 9:00 p.m.

Location: Teaneck location

Fee: \$72

Now is the time for beginning as well as more advanced knitters to learn the basics, review the familiar, or discover new techniques of this wonderful and creative hobby which will provide you with hours of relaxation and enjoyment. In a warm and friendly atmosphere you will receive professional instruction, gain inspiration, nurture your creativity, and learn to become the best knitter you can be. On the first day of class, please bring a pair of U.S. 10 needles. Practice yarn will be provided. We will discuss different types of wool so that you can prepare to make either your first beautiful scarf, shawl, baby blanket, etc., or that more difficult creation you have always wanted. Instructor: Johanna Samad, private knitting teacher

The following classes are taught by Angela Stevenson, paper / rubber stamping artist

0313-01

Simple, Spring Greeting Cards

March 13 (1 session)

Tues., 7:00 - 9:30 p.m.

Location: TJ Art Room 115

Fee: \$18 (plus \$15 complete supply fee paid to instructor in class)

Spend a relaxing and enjoyable evening creating six beautiful spring greeting cards with matching envelopes. All levels of talent are welcome. Sign up early as class size is limited.

0320-03

Paper Artistry / Rubber Stamping: Spring Projects

March 20 - May 8 (6 sessions)

(no classes April 10 & 17)

Tues., 7:00 - 9:30 p.m.

Location: TJ Art Room 115

Fee: \$63 (plus \$80 complete supply fee paid to instructor at first class)

Join a team of paper artists in creating a multitude of greeting cards and gifts that are sure to wow your recipients. Each week you will learn new and advanced techniques using the newest and finest tools and materials in the industry. Complete over 30 projects! All levels of talent are welcome. Please sign up early as class size is limited.

0515-01

Stampin' Spring Scrapbook Pages

May 15 (1 session)

Tues., 7:00 - 9:30 p.m.

Location: TJ Art Room 115

Fee: \$18 (plus \$20 complete supply fee paid to instructor in class)

All are welcome to enjoy making gorgeous scrapbook pages while learning to use the latest and greatest stamping tools and techniques. Take home 6 completed 12"x12" pages to which you can add your photos. Please sign up early as class size is limited.



BASIC EDUCATION FOR ADULTS

ESL / GED

Classes for adults (18 years and older) are offered at Bergen Community College, 355 Main Street, Hackensack location. For information about the ESL / GED programs, visit BCC Hackensack, call the office at (201) 489-1551 or visit www.Bergen.edu/Ciarco.

English as a Second Language

The ESL program provides students whose native language is not English with speaking, reading and writing instruction required for the development of "life skills" and improvement of employment and career opportunities.

Adult Basic Skills Program

This program helps develop the skills required for successful completion of the GED (General Education Development) test, which includes: writing, social studies, science, reading, and mathematics. Students gain lifelong knowledge and learning skills that will be helpful in the pursuit of higher education, career opportunities and in all phases of life.

Teaneck Public Schools and Bergen County Technical Schools offer FREE English Language Classes for Teaneck residents (18 years and older). Classes are taught by certified New Jersey teachers, on Tuesday and Thursday evenings at Teaneck High School. To register or for more information, call Silvia at (201) 343-6000, Ext. 4639.



CAREER CONNECTIONS

0320-04

Turn Your Next Interview Into a Job Offer

March 20 & 27 (2 sessions)

Tues., 7:00 - 8:30 p.m.

Location: THS Room 125

Fee: \$25

This workshop presents 10 steps that will provide you with the skills you need to turn an interview into a job offer. The skills you learn will be useful for the rest of your career. Topics include interview questions and answers, marketing your goals and accomplishments, employment history, resume writing, salary negotiations, record keeping, "practice makes perfect," and more. In this tight job market, being effective and well-prepared for an interview increases your chances for a successful outcome.

Instructor: Linda Kase, Recruiting and Placement Consultant



COMPUTERS

0314-03

Keyboarding (Grade 5 - Adult)

March 14 - April 25 (6 sessions)

(no class April 11)

Wed., 6:30 - 7:30 p.m.

Location: BF Room 308

Fee: \$55

You may know the computer inside out, but if you're *hunting and pecking*, you're slowing yourself down. Learn touch-typing techniques to improve your accuracy and develop speed on the keyboard.

Instructor: Randi Allshouse, TPS

0424-02

Microsoft Excel - The Basics

April 24 & May 1 (2 sessions)

Tues., 7:00 - 9:00 p.m.

Location: THS Room 226

Fee: \$65 (materials included)

Microsoft Excel, a statistical data program, can help you organize checkbooks, manage your money, calculate your grades, and more. During the first hands-on class, you will learn to open a new or existing worksheet, enter data, save documents, and print them when completed. You will begin new workbooks,

use Sum and Auto Sum, and close out of a document and program. The second class will be devoted to review and practice. Students must have some knowledge of Windows.
Instructor: Breanne Millet, TPS computer teacher

0508-03

Microsoft Excel - Continued

May 8 & 15 (2 sessions)

Tues., 7:00 - 9:00 p.m.

Location: THS Room 226

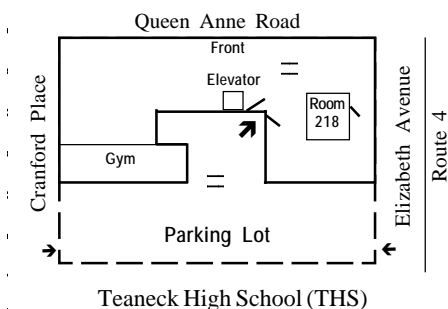
Fee: \$65 (materials included)

This class is for students who have taken Microsoft Excel - The Basics. After briefly reviewing the basics, students will learn to cut, paste, and copy data; construct their own charts, tables, and graphs; and, finally, title and present their data.

Instructor: Breanne Millet, TPS computer teacher

Golden Oldies Technology In Teaneck (GOTIT!)

The following classes are for Teaneck seniors (ages 60 and older) and non-residents, as space permits. Instructors are Teaneck Public Schools or Center technology and support staff. Location is handicapped-accessible.



0311-01

The Very Basics I (Seniors)

March 11 & 18 (2 sessions)

Sunday, 10:00 a.m. - 12:00 p.m.

Location: THS Room 112

Fee: \$45 / \$58 non-residents

This class assumes no prior knowledge of computers. It is intended to provide you with an understanding and familiarize you with computer operations. PCs, laptops, ram, pentium chips, hard disk, CD-ROM, windows ... What do the words mean? How do you use the mouse? This class will cover everything you need to know about computers to bring you into the 21st century. We'll focus on keyboarding, basic word processing, entering and editing text, setting up files, and using the Internet. There will be time to practice.

Instructor: Michael Costa, TPS teacher

0325-01

Computer Basics II (Seniors)

March 25 & April 1 (2 sessions)

Sunday, 10:00 a.m. - 12:00 p.m.

Location: THS Room 112

Fee: \$45 / \$58 non-residents

This course is for those who have some knowledge of computers and keyboard usage, and want to build on that knowledge and reinforce their skills. We'll focus on entering and editing text, managing files, and formatting a document in Microsoft Word, and will continue our exploration of the Internet. Classes will include practice time on the computer.

Instructor: Michael Costa, TPS teacher

0415-01

Computer Basics Plus (Seniors)

April 15 & 22 (2 sessions)

Sunday, 10:00 a.m. - 12:00 p.m.

Location: THS Room 112

Fee: \$45 / \$58 non-residents

This is an opportunity for students who have completed Computer Basics II to continue to practice and reinforce their skills.

Instructor: Michael Costa, TPS teacher

Selling on eBay: Basics & Beyond

March 20 (1 session) / May 1 (1 session)

See description on page 13.



CULINARY ARTS

0313-03

Indian Cooking: The Basics (Quick, Easy, Delicious Meals)

March 13, 20, 27 (3 sessions)

Tues., 7:00 - 8:30 p.m.

Location: Rodda Center kitchen

Fee: \$95 (includes materials and tastings)

If you love Indian cuisine, you will be inspired and delighted by the traditional recipes, age-old techniques, wonderful cooking demonstrations, and delicious tastings provided by an extremely knowledgeable and enthusiastic chef. Enjoy the fragrances of herbs and spices as you learn to prepare a complete and simple meal that includes appetizers, entrees, breads, and desserts. You will wow your friends and simplify the job of feeding your family, leaving enough food for lunches and the next evening's dinner. Stop dreaming of Chicken Tikka, Aloo Gobbi, Naan, Mango Lassi...and start cooking! Spice up your life with an international flavor. Cook and eat - you'll love it!

Instructor: Lubna Ismail

0313-07

Cake Decorating Basics: Gum Paste & Fondant

March 13 - April 24 (6 sessions)

(no class April 10)

Tues., 7:30 - 9:30 p.m.

Location: Hawthorne Cafeteria

Fee: \$95 (+\$10 book fee paid to instructor)

If you love to bake cakes but lack the fine skills to decorate them, this class is for you. Learn how to make beautiful fondant and gum paste decorations, prepare a decorating bag, color your icing, and create rosettes, drop flowers, mums, daisies, calla lilies, bows, borders, and more, using the Wilton Method of decorating. Turn your cakes into beautiful works of art that will delight family and friends. During the last two classes we will touch on the fundamentals of baking the perfect cake. You will be asked to bring plain cakes (home-baked or store bought) to class. A supply list is provided at the first class.
Instructor: Lyn Crasci, certified pastry chef and Wilton instructor



DANCE

The following ballroom and Latin dance classes are taught by Lauren Faustini, ballroom / social dancing teacher.

0305-09

Ballroom & Latin Dancing I

March 5 - May 14 (10 sessions)

(no class April 9)

Mon., 8:30 - 9:30 p.m.

Location: EF Gym

Fee: \$140 / couple (\$80 / single)

This class is for beginning dancers. We will learn all of the basic steps in the most popular ballroom and Latin dances, which include Foxtrot, Rumba, Cha-cha, Swing, and Merengue. Students are asked to take this class before taking Ballroom II. COUPLES PREFERRED. (If you need a partner, we'll try to find one for you - single fee \$80.)

0308-06

Ballroom & Latin Dancing II

March 8 - May 24 (10 sessions)

Thurs., 8:30 - 9:30 p.m.

(no classes April 5 & 12)

Location: EF Gym

Fee: \$140 / couple (\$80 / single)

This class is for intermediate dancers. We will work on all the dances from Ballroom I including Tango and Merengue. COUPLES PREFERRED. (If you need a partner, we'll try to find one for you - single fee \$80.)

0305-08

Ballroom & Latin Dancing III

March 5 - May 14 (10 sessions)

(no class April 9)

Mon., 7:30 - 8:30 p.m.

Location: EF Gym

Fee: \$140 / couple (\$80 / single)

This class is for advanced dancers. We will be learning more advanced steps in all ballroom and Latin dances. Graduation from Ballroom II is a must. COUPLES PREFERRED. (If you need a partner, we'll try to find one for you - single fee \$80.)

0308-05

Ballroom & Latin Dancing IV

March 8 - May 24 (10 sessions)

(no classes April 5 & 12)

Thurs., 7:30 - 8:30 p.m.

Location: EF Gym

Fee: \$140 / couple (\$80 / single)

This class is for the very advanced dancer. We will work on continuity and style in all dances. COUPLES PREFERRED. (If you need a partner, we'll try to find one for you - single fee \$80.)

0308-07

Choreography Class

March 8 - May 24 (10 sessions)

Thurs., 7:00 - 7:30 p.m.

(no classes April 5 & 12)

Location: EF Gym

Fee: \$80 / couple

During this class we will work on the Salsa formation to be performed at the end-of-the-year party, June 4. Supplementary private lessons will be necessary. COUPLES ONLY.

The following three dance parties with Lauren Faustini are for all who would like to concentrate on specific dances. We'll start with basics and add a fancy party step. Light refreshments will be served. Please register in advance to [avoid class cancellation](#).

0330-02

Tango Dance Class/Party

March 30 (1 session)

Fri., 7:30 - 9:30 p.m.

Location: Whittier Gym

Fee: \$30 couple / \$15 single

Description same as above

0420-01

Combo Dance Class/Party Review Dances

April 20 (1 session)

Fri., 7:30 - 9:30 p.m.

Location: Whittier Gym

Fee: \$30 couple / \$15 single

Students choose by voting (Foxtrot, Tango, Rumba, Waltz, Salsa, Cha-Cha, Swing, Merengue, Hustle).

0518-01

Merengue Dance Class/Party:

May 18 (1 session)

Fri., 7:30 - 9:30 p.m.

Location: Whittier Gym

Fee: \$30 couple / \$15 single

Learn the Merengue formation for fun and also to prepare for the June 4th dance party.

0315-02

Middle Eastern Belly Dancing (Beginner)

March 15 - May 10 (8 sessions)

(no class April 12)

Thurs., 7:45 - 8:45 p.m.

Location: TJ Dance Studio & Gym

Fee: \$90

This ancient dance (dance orientale) originated thousands of years ago. It is looked upon as a dance form of feminine and sensual self-expression of women regardless of age or body type. Come celebrate this dance of life.

Instructor: Miranda, dancer, teacher, choreographer of Middle Eastern technique

0517-01

Middle Eastern Belly Dancing (Beginner)

May 17 - June 14 (5 sessions)

Thurs., 7:45 - 8:45 p.m.

Location: TJ Dance Studio & Gym

Fee: \$56

Description same as above

0315-03

Middle Eastern Belly Dancing (Advanced Beginners)

March 15 - May 10 (8 sessions)

(no class April 12)

Thurs., 8:45 - 9:45 p.m.

Location: TJ Dance Studio & Gym

Fee: \$90

This class is for students who wish to learn more advanced movements and techniques.

Instructor: Miranda, dancer, teacher, choreographer of Middle Eastern technique

0517-02

Middle Eastern Belly Dancing (Advanced Beginners)

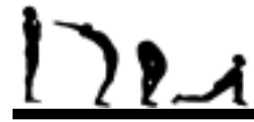
May 17 - June 14 (5 sessions)

Thurs., 8:45 - 9:45 p.m.

Location: TJ Dance Studio & Gym

Fee: \$56

Description same as above



FITNESS & HEALTH

S A T U R D A Y

0225-01

Wellness Through Yoga

Feb. 25 - May 5 (10 sessions)

(no class April 7)

Sat., 10:30 - 11:45 a.m.

Location: Rodda Center

Fee: \$95

Learn Hatha Yoga techniques for relaxation, muscle tension release, all-around wellness, and relief for problem areas such as lower back, upper body tension, etc. Bring a towel or mat for floor work, and be prepared to become a new person. Participants have been observed catnapping during class and floating out!

Instructor: Martin Bland, Wellness Associates

0512-01

Wellness Through Yoga

May 12 - July 14 (10 sessions)

Sat., 10:30 - 11:45 a.m.

Location, fee, and description same as above

M O N D A Y

0305-01

Wellness Through Yoga

March 5 - May 7 (10 sessions)

Mon., 4:45 - 6:00 p.m.

Location: EF Gym

Fee: \$95 / \$90 for TPS staff

Description same as above

0514-01

Wellness Through Yoga

May 14 - July 23 (10 sessions)

(no class May 28)

Mon., 4:45 - 6:00 p.m.

Location, fee, and description same as above

T U E S D A Y

0214-01

Wellness Through Yoga (Intermediate)

Feb. 14 - April 24 (10 sessions)

(no class April 17)

Tues., 7:00 - 8:15 p.m.

Location: EF Gym

Fee: \$95

More with Martin...for those who have mastered the basics and want more.

Instructor: Martin Bland, Wellness Associates

0501-01

Wellness Through Yoga (Intermediate)

May 1 - July 3 (10 sessions)

Tues., 7:00 - 8:15 p.m.

Location, fee, and description same as above

W E D N E S D A Y

0215-01

Wellness Through Yoga

Feb. 15 - April 18 (10 sessions)

Wed., 9:30 - 10:45 a.m.

Location: Instructor's home, Englewood

Fee: \$95

Learn Hatha and Kripalu Yoga techniques to relax, relieve tension, strengthen and tone muscles, improve endurance and posture, and feel good. Bring a towel or mat for floor work.

Instructor: Jack Dionisio

0425-01

Wellness Through Yoga

April 25 - June 27 (10 sessions)

Wed., 9:30 - 10:45 a.m.

Location, fee, and description same as above

0301-02

Tai Chi Chuan (All Levels)

March 1 - May 17 (10 sessions)

(no classes March 15 & April 12)

Thurs., 6:00 - 7:00 p.m.

Location: THS Dance Studio

Fee: \$88

Experience the gentle and relaxing exercise system of Tai Chi Chuan, and help your body develop greater strength and flexibility. Because of its slow-moving nature, Tai Chi Chuan (Wu style) is very attractive to those who prefer less physically demanding exercise, and it is also the perfect balance for those who jog, bike, do aerobics, etc. Wear loose-fitting clothes, and flat, flexible-soled shoes / slippers.
Instructor: Sheila Mason, certified acupuncturist, creative dance teacher, faculty member of two acupuncture schools in N.Y. and N.J.

The following Zumba classes are taught by Patricia Florez Schwartz, certified group instructor, personal trainer, health and fitness specialist.

0326-01

Zumba®: Dance & Fitness (Exercise in Disguise)

March 26 - June 18 (10 sessions)

(no classes April 9, 23 & May 28)

Mon., 6:30 - 7:25 p.m.

Location: TJ Dance Studio

Fee: \$95

Zumba® is a dynamic, Latin-inspired dance/fitness program that incorporates basic steps and more advanced movements common in popular Latin dances, such as Merengue and Salsa. Class format combines fast and slow rhythms to achieve a unique balance of cardio and muscle-toning benefits. Join us for these exciting, effective, and enjoyable fitness classes that tone and sculpt the body. All fitness levels are welcome. Dress comfortably and bring a towel and water bottle.

0327-01

Zumba®: Dance & Fitness (Exercise in Disguise)

March 27 - June 12 (10 sessions)

(no classes April 10 & 24)

Tues., 6:30 - 7:25 p.m.

Location, fee, and description same as above

0321-03

Zumba® Toning

March 21 - June 6 (10 sessions)

(no classes April 11 & 25)

Wed., 6:30 - 7:25 p.m.

Location: TJ Dance Studio

Fee: \$95

Zumba® Toning takes the original dance/fitness class to the next level, training muscles with maraca-like toning sticks or weights. Emphasis is placed on muscle work, blending body-sculpting techniques and specific Zumba moves into one calorie-burning, strength-training class, to the energizing sounds of Merengue, Salsa, Cumbia, Bachata, and other international tunes. Zumba exercises help you increase cardiovascular endurance, muscular strength, lean muscle mass, metabolism, and decrease bone loss. This class is suited for all fitness levels. Please wear sneakers and dress comfortably. Bring a water bottle, a towel, and 1½ lb. weights to class. Weighted maraca sticks may be purchased from the instructor.

0307-06

Capoeira (Adults / Teens)

March 7 - May 16 (10 sessions)

(no class April 11)

Wed., 7:00 - 8:00 p.m.

Location: BF Dance Studio

Fee: \$135

Capoeira, the 400+ year-old Brazilian art form, combines dance, acrobatics, self-defense, and physical fitness, and gets you moving! Practice of Capoeira develops strength, flexibility, agility, and balance. Students also learn simple exercise principles and how to make healthy choices in their daily lives. This program is for those who are new to Capoeira as well as those with experience. Wear comfortable clothing.

Instructor: Mestre Bayano / Team CAOBA, Cultural Association of Brazilian Arts

0307-07

Capoeira Advanced (Adults / Teens)

March 7 - May 16 (10 sessions)

(no class April 11)

Wed., 8:15 - 9:15 p.m.

Location: BF Dance Studio

Fee: \$135

This program is for those who have taken Capoeira and wish to learn more advanced techniques. Wear comfortable clothing.
Instructor: Mestre Bayano / Team CAOBA, Cultural Association of Brazilian Arts

0313-02

Lottie's Pilates and More

March 13 - May 22 (10 sessions)

(no class April 10)

Tues., 4:30 - 5:45 p.m.

Location: TJ Stage

Fee: \$95

Designed to strengthen both the muscles and the cardiovascular system, Pilates consists of gentle stretches that focus on the spine, proper breathing, core strength, and flexibility, as well as simple choreography and movement to build up the cardiovascular system. The goal of Pilates is to develop a balanced, strong and supple body. Students of all levels will enjoy a complete physical workout. Wear sturdy sneakers and loose fitting clothes. Bring a mat and a Pilates stretch band to class. An aerobic step and light weights are optional.

Instructor: Lottie Porch, personal trainer

0315-04

Lottie's Pilates and More

March 15 - May 24 (10 sessions)

(no class April 12)

Thurs., 4:00 - 5:15 p.m.

Location: TJ Stage

Fee, and description same as above

0509-01

Homeopathy for First Aid Care

May 9 (1 session)

Wed., 7:30 - 9:00 p.m.

Location: EF Room 25

Fee: \$25

Learn how to use homeopathic remedies as basic first aid care with a special emphasis on typical summertime ailments including heat exhaustion and sunstroke, insect bites and stings, head injuries and whiplash, and much more. We will also learn about the topical uses of homeopathic products and how to make your own homeopathic lotions. Further study of remedy and potency selection will be covered as well.

Instructor: Rainer Orth, LCSW, CCH, BFRP, Board certified homeopath, NJ private practice

The following three classes are taught by Barbara Finlayson, LPN, certified Bowen and Shiatsu practitioner, reflexologist, yoga teacher.

0429-01

Practice Meditation

April 29 (1 session)

Sun., 10:00 - 11:30 a.m.

Location: THS Dance Studio

Fee: \$25

Learn meditation and breathing techniques that reduce "mind clutter," relax your body and mind, and help you think more clearly. With repeated effort, these relaxation exercises will enable you to reach a state of serenity and improved health.

0429-02

Reflexology

April 29 (1 session)

Sun., 11:45 - 1:15 p.m.

Location: THS Dance Studio

Fee: \$25

Everyone can benefit from reflexology's amazing ability to soothe the body. Learn how to reduce stress, cramps, headaches, and digestive discomforts by simply massaging your feet, hands, and ears. An introduction to pure, therapeutic essential oils is included.

0429-03

Have You Tried Everything for Pain With No Relief? Try Bowenwork!

April 29 (1 session)

Sun., 1:30 - 3:00 p.m.

Location: THS Dance Studio

Fee: \$25

Bowenwork is a revolutionary new technique, which has proven to be effective in reducing chronic pain. This non-invasive, gentle form of body work sends messages deep into the body to create a sense of well-being. Through subtle movements performed over muscle tissue, cellular memory of a preferred relaxed and balanced state is retrieved. With only one short session, you can begin to experience its remarkable results.

0509-02

MELT Method® for Pain Reduction and Flexibility

May 9 (1 session)

Wed., 7:30 - 9:00 p.m.

Location: EF Gym

Fee: \$36 (includes MELT Method mini kit)

MELT Method® is a revolutionary new approach used to diminish body pain and inflammation by rehydrating the connective tissue system. Join this introductory hand and foot technique class in which you will use specialized small balls to help reduce pain from conditions such as arthritis, carpal tunnel, plantar fasciitis, back/neck pain, combat stiffness from sitting / aging, and improve

sports performance. MELT Method® is easy to learn and is appropriate for all ages and body types. Wear comfortable clothing, thin socks or bare feet, and bring a bottle of water. Equipment will be provided.
Instructor from Gentlework Fitness LLC.

The following Smoking Cessation and Weight Reduction programs are taught by instructors from Holy Name Medical Center

Smoking Cessation Program

Single session classes are offered.

See dates and course numbers below.

Tues., 7:00 - 9:00 p.m.

Location: HNH Center for Healthy Living, Marian Hall (718 Teaneck Road)

Fee: \$70 (includes materials plus visits to future classes for one year as reinforcement). Make check payable to Holy Name Medical Center and mail to Teaneck Community Education Center.

Dates / Course numbers:

# 0214-02 - Feb. 14	# 0612-01 - June 12
# 0313-09 - March 13	# 0717-01 - July 17
# 0410-01 - April 10	# 0814-01 - Aug. 14
# 0508-04 - May 8	# 0918-01 - Sept. 18

Become a non-smoker with this relaxing, stress-free method that reduces withdrawal symptoms, focuses on improved self-esteem, and helps you make lifestyle changes using behavior modification techniques and effective hypnotic suggestions. We'll devote the first hour to understanding the obstacles of change, and the second to providing help in overcoming these obstacles using self hypnosis. A 30-day reinforcement CD is included.

Weight Reduction Program

Single session classes are offered.

See dates and course numbers below.

Tues., 7:00 - 9:00 p.m.

Location: HNH Center for Healthy Living, Marian Hall (718 Teaneck Road)

Fee: \$70 (includes materials plus future class visits for one year as reinforcement)

Make check payable to Holy Name Medical Center and mail to Teaneck Community Education Center.

Dates / Course numbers:

# 0207-01 - Feb. 7	# 0605-01 - June 5
# 0306-10 - March 6	# 0710-01 - July 10
# 0403-02 - April 3	# 0807-01 - Aug. 7
# 0501-03 - May 1	# 0911-01 - Sept. 11

Learn how to lose weight naturally. Dieting does not address the reasons for overeating. Using food to reduce stress / relieve boredom can lead to excess pounds. Through combined proven behavior modification and hypnotic suggestion techniques, you will make subtle changes in your life to reduce your weight permanently. Offered monthly, this program is reinforced with a free CD. Use of personal recording equipment is not permitted.

Adult CPR, Infant and Child CPR, and Standard First Aid

The following CPR courses will be taught by an American Red Cross (ARC) certified instructor. All classes include hands-on

practice using student partners and manikins.
Fee includes materials and certification card.

Before Care

ARC now requires students to take the **Before Care** course as a prerequisite for all CPR and Standard First Aid courses. It is offered prior to each CPR course and needs to be taken only once. Dates and location correspond to CPR course dates and location. Learn how to respond to an emergency and provide preliminary care until professional care arrives. There is no certification card issued for this course. (See following schedule.)

0422-01

Before Care

April 22 (1 session),

Sunday, 12:30 - 2:00 p.m.

Location: THS Room 103

Fee: \$25

0422-02

Adult CPR: Ages 12 - Adult

April 22 (1 session)

Sunday, 2:00 - 3:30 p.m.

Location: THS Room 103

Fee: \$50 (includes certificate)

This course is designed to meet the needs of anyone interested in being prepared to assist in emergencies. Students will learn to recognize signs of distress in individuals who are 12 years of age and older who might require rescue breathing, abdominal thrusts or CPR, and learn how to perform each technique. Also included is information on symptoms of heart disease.

0429-04

Before Care

April 29 (1 session)

Sunday, 12:30 - 2:00 p.m.

Location: THS Room 103

Fee: \$25

0429-05

Infant and Child CPR: Birth to 12 Years

April 29 (1 session)

Sunday, 2:00 - 4:00 p.m.

Location: THS Room 103

Fee: \$50 (includes certificate)

This course meets the needs of childcare providers as well as anyone interested in being prepared to assist in emergencies. Learn to recognize signs of distress in infants and children from birth through age twelve who require rescue breathing, abdominal thrusts, or CPR. Learn how to perform each technique.

0513-01

Before Care

May 13 (1 session)

Sunday, 12:30 - 2:00 p.m.

Location: THS Room 103

Fee: \$25

0513-02

Standard First Aid

May 13 (1 session)

Sunday, 2:00 - 3:30 p.m.

Location: THS Room 103

Fee: \$50 (includes certificate)

This course meets the needs of childcare providers as well as anyone interested in learning how to help someone in need. Learn how to treat burns, injuries due to falls, sprains or broken bones, and cuts and bruises. Learn how to stop bleeding and dress wounds.



FLOWER ARRANGING

0305-05

Japanese Flower Arranging Ikebana

March 5 - May 14 (10 sessions)

(no class April 9)

Mon., 7:30 - 9:00 p.m.

Location: Whittier Room 208

Fee: \$90 (plus \$8 per week for flowers)

The lovely simplicity of oriental flower arrangements presents an enhanced view of flowers. Learn to express the natural beauty of flowers, leaves, and branches in a most inspiring manner using basic tools: scissors, vases, and flower holders called Kenzan. Fresh flowers are purchased in class to arrange and take home at a cost of \$8 per week. A one-time purchase of a Kenzan (pin cushion) is required unless an equivalent can be obtained by the student. Bring a flat container and garden scissors or clippers to first class.
Instructor: Mrs. Hideko Eda, former professor, Ikenobo School of Floral Art, Kyoto, Japan



GARDENING

The following two courses are taught by Mary Topolsky, garden designer, lecturer and educator; certified in landscape design by the New York Botanical Gardens.

0425-04

From Blah to Bloom

April 25, May 2 & 9 (3 sessions)

Wed., 7:30 - 9:00 p.m.

Location: EF Conference Room

Fee: \$65

Did you ever look ruefully at your outdoor property and wish you could turn it into a beautiful and useful space? Do you have a folder full of magazine clippings that show gardens you'd like to bring to life? Enjoy three entertaining classes where you will learn how to design a garden, how to shop for plants, what is required (soil, water, etc.), where to

find local, public gardens for inspiration, and much, much more. Most importantly, your garden questions will be answered and you will gain valuable knowledge and confidence to make your dreams come alive.

0516-01

Container Gardening

May 16 (1 session)

Wed., 7:30 - 9:00 p.m.

Location: EF Conference Room

Fee: \$25

What are the benefits of container gardening? They are a cinch to plant, simple to water, come in all sizes and colors, are attractive, made of many different materials, can accommodate any size plants, can be easily moved, and can grow where inground seed will not thrive. In addition, they work in any dwelling - a large backyard or a small apartment balcony, indoors or out. In one enjoyable two-hour session, you'll learn how to plant these containers and use them to decorate your garden.

0328-05

The Nature of Herbs

March 28 - April 18 (3 sessions)

(no class April 11)

Wed., 7:30 - 9:00 p.m.

Location: TJ Room 115

Fee: \$60 (+ \$10 materials fee paid to instructor)

This workshop encourages gardening enthusiasts to think of herbs as part of a healthy life style. Learn about the basics of herb use, propagation, and preservation and get a jump start on planning and digging your own "pocket herb" garden. Discussions and demonstrations will provide you with an overview of how herbs are used for medicinal purposes, and how herbal seasonings and teas are prepared. Students will have an opportunity to plant a take-home "pocket garden" of medicinal or culinary herbs. A market list of places to obtain fresh herbs will be provided.
Instructor: Patricia Libutti, lifelong herb gardener, lecturer, former librarian and educational psychologist



INVESTMENT & FINANCE

0308-09

Mortgage Modification

March 8 (1 session)

Thursday, 7:00 - 8:30 p.m.

Location: EF Room 25

Fee: \$20

In this economic climate, more and more hardworking Americans are facing financial hardships. Corporations are outsourcing and laying people off, many without warning, and homes are going into foreclosure. Whatever your hardship, you are not alone. Learn how the government and mortgage companies really work in modifying home mortgages. Discover

secrets that lenders don't want you to know. During this one-session workshop, you will gain a valuable education on mortgage modification and the foreclosure process in New Jersey.
Instructor: Vivian Gaspar, Mortgage Modification Specialist, author of "How to Survive Your Financial Crisis,"

0307-05

Business Owner's Tax Seminar

Learn how to cut thousands of dollars off your taxes - legally!

March 7 (1 session)

Wed., 6:30 - 8:30 p.m.

Location: EF Conference Room

Fee: \$25

Learn how to cut thousands off of your taxes - legally! If you're like most business owners, you waste thousands of dollars every year in taxes you don't need to pay. This fast-paced, entertaining, two-hour seminar addresses 10 tax saving techniques that can save business owners thousands of dollars each year. Some of the topics that we will cover include: the single most expensive tax mistake; how to slash audit risk; retirement savings strategies; making the most of meals, entertainment, and gifts; the mileage allowance mistake; writing off family medical bills as a business expense; how to deduct your children's private school and college tuition; and the single most powerful strategy for most business owners.
Instructor: Marc Adams, EA, MCA Certified Tax Preparer

0328-01

The Advantages of Buying A Franchise

March 28 (1 session)

Wed., 7:45 - 9:00 p.m.

Location: EF Room 25

Fee: \$15 / \$25 with a friend

Everywhere you look today, you see franchises. In fact, financial experts indicate that franchising is the "wave of the future." In the next 10 years, franchising could comprise over 50% of the retail economy and employ millions of people. This anticipated growth is based on the simple logic of the underlying concept - "Franchising offers success, with the least amount of risk to aspiring business owners." If you have ever thought about owning your own business, join this class and have your questions answered.
Instructor: Marc Lazarus, Transworld Business Advisors



LANGUAGE

0319-01

Spanish - Beginner

March 19 - May 14 (8 sessions)

(no class April 9)

Mon., 7:00 - 8:00 p.m.

Location: Lowell Room 116

Fee: \$95 / \$85 Senior Citizens
(Textbook, *Asi Escribimos*, fee: paid to instructor) **Limited enrollment**

Learn the basics of the Spanish language. This class will introduce the rudiments of grammar as well as exercises in reading, writing, comprehension, and speaking.

Instructor: Alice Hamburg, language teacher

0319-02

Spanish - Conversational

March 19 - May 14 (8 sessions)

(no class April 9)

Mon., 8:15 - 9:15 p.m.

Location: Lowell Room 116

Fee: \$95 / \$85 Senior Citizens
(Textbook information will be provided.)

Limited enrollment

This class is for students who have developed a basic foundation in grammar and vocabulary, and would like to further their knowledge and develop some conversational skills.

Instructor: Alice Hamburg, language teacher

0305-10

Introduction to Brazilian Culture and the Portuguese Language

March 5 - May 14 (10 sessions)

(no class April 9)

Mon., 7:30 - 8:30 p.m.

Location: BF Room 207

Fee: \$110 (all materials included)

Learn Portuguese for travel and social conversation in this exciting program that will immerse you in the culture and language of Brazil. Classes are fun, interactive and designed for students with little or no knowledge of the language.

Instructor: Silvia Levi, Cultural Association of Brazilian Arts (CAOBA)



LANGUAGE ARTS

0425-05

Speak With Impact: Winning Presentations, Communications & Public Speaking

April 25 & May 2 (2 sessions)

Wed., 7:00 - 9:00 p.m.

Location: EF Room 23

Fee: \$55

Gain tools to sharpen presentation and communication skills in this dynamic, interactive program. Learn to master voice, body, and words to make an impact. Learn the five biggest mistakes that presenters make and how to avoid them. Whether speaking formally or informally, this experiential

workshop teaches best practices on how to manage your anxiety, gain confidence and connect with listeners. You'll practice proven delivery skills and receive coaching feedback. The result? Immediate, observable improvements in your speaking effectiveness.

Instructor: Brent Baer, President, BAER ESSENTIALS

0308-08

Reading Aloud With Alice Twombly: Shakespeare's *Coriolanus*

March 8, 15, 22, 29 (4 sessions)

Thurs., 7:30 - 9:00 p.m.

Location: Instructor's home (contact alictwomb@aol.com for directions)

Fee: \$65

A bloody time in the Roman Empire, with a power seeking and political king who is, according to Harold Bloom, "the victim of his dominating and devouring mother." (We can see the new Ralph Fiennes movie, too.)

Instructor: Alice Twombly, former Shakespeare and AP English teacher at THS

0419-01

Revisiting A Classic Play of the 1930's: *Our Town* by Thornton Wilder

April 19, 26, May 3 (3 sessions)

Thurs., 7:30 - 9:00 p.m.

Location: Instructor's home (contact alictwomb@aol.com for directions)

Fee: \$50

Are Wilder's visions of American life still valid today? Read and find out.

Instructor: Alice Twombly, former Shakespeare and AP English teacher at THS



LIFE ENRICHMENT

0508-01

Organizing 101: Clutter Free and Stress Less

May 8 (1 session)

Tues., 7:00 - 9:30 p.m.

Location: EF Conference Room

Fee: \$25

Are you overwhelmed by clutter? Do you feel like running away when the mail arrives? Does your *To Do* list read like a mini novel? If so, this is the course for you. Terry Schuster's tried and true techniques for organizing bulging closets, stacks of papers, filing cabinets filled with who-knows-what, and inhospitable family rooms will help you in every aspect of your life. Learn skills to become clutter-free so that you have more time to do what you really want to do.

Instructor: Terry Schuster, BSW, Clutter Free, The Professional Organizing Service

0327-02

Celebrity Makeup Techniques (Women of all ages)

March 27 (1 session)

Tues., 6:30 - 9:30 p.m.

Location: EF Staff Development Room

Fee: \$27

Join a professional image consultant and certified makeup expert, featured in New Jersey Bride Magazine, for this in-depth make-up workshop. Irina Feygin will introduce you to professional makeup products and tools, reveal makeup secrets used by Hollywood celebrities, and show you, step-by-step, how to apply makeup for daytime and special occasions (weddings, proms, etc.). Included will be the hottest trend from Hollywood – eyelash extensions. You will receive detailed printed instructions that cover each topic discussed during class. A selection from a professional private label makeup line will be presented for your interest. Women of all ages are welcome.

Instructor: Irina Feygin, certified image consultant, Impeccable Image, Inc.



MUSIC

0329-02

Guitar: Beginner (Teens/Adults)

March 29 - June 7 (10 sessions)

(no class April 12)

Thurs., 7:00 - 8:00 p.m.

Location: TJ Room 116A

Fee: \$135 (some materials included)

This course is for students with little or no training who would like to play the guitar for enjoyment. Learn the fingerboard, finger techniques, chord formations, combinations of chord relationships, rhythmic strums, and syncopated rhythms. Develop strength and dexterity and build a repertoire of songs. Bring a guitar and notebook to class.

Instructor: Ethan Fiks, guitar teacher, performing musician, inventor of The MusicStart Learning System

0628-01

Guitar: Beginner (Ages 10 - Adult)

June 28 - Aug. 9 (6 sessions)

(no class July 5)

Thurs., 6:30 - 7:30 p.m.

Location: EF Room 25

Fee: \$80

Description same as above

0329-03

Guitar: Beginner Plus (Ages 10 - Adult)

**March 29 - June 7 (10 sessions)
(no class April 12)**

Thurs., 8:00 - 9:00 p.m.

Location: TJ Room 116A

Fee: \$135 (some materials included)

This class is for students who have learned the basic chord formations, finger techniques, some strums, and wish to improve their skills. Learn the basics of lead guitar as well. Styles of music will include rock, jazz, blues, and folk. *Instructor: Ethan Fiks, guitar teacher, musician, inventor of The MusicStart Learning System*

0628-02

Guitar: Beginners Plus (Ages 10 - Adults)

**June 28 - Aug. 9 (6 sessions)
(no class July 5)**

Thurs., 7:30 - 8:30 p.m.

Location: EF Room 25

Fee: \$80

Description same as above



PARENTING

0321-04

How to Prepare Your Child for Kindergarten

March 21 (1 session)

Wed., 7:00 - 8:30 p.m.

Location: EF Room 25

Fee: \$25 / \$40 couple

A child's entry into kindergarten is one of the most significant developmental milestones encountered by both parent and child. Whether your child has been at home, in part-time preschool, or in full-time daycare, you both will experience a degree of anxiety around entrance into kindergarten. This workshop will help you uncover and explore your feelings, teach you new strategies to facilitate the process, and turn this journey into a success. A reading list for both parents and children will be provided..

Instructor: Robin Bado, MSW, ACSW

0418-02

The Impact of Social Aggression on Adolescent Female Development

April 18 (1 session)

Wed., 7:00 - 9:00 p.m.

Location: EF Room 25

Fee: \$25 / \$40 couple

The issue of bullying has gained significant attention in schools and in the media in recent years, growing to new levels with the use of texting, email, and Facebook. Bullying, especially among girls, can be subtle and more difficult to detect and report, but it is equally as damaging to one's sense of self. This program will define social aggression among girls and the ways in which it erodes self-esteem in both the victim and the aggressor. We'll discuss the roles girls tend to take on within groups and the impact it has on female adolescent development. Parents will learn how to understand and respond to their daughters within this framework, in order to minimize any long-term negative effects. A list of suggested readings will be provided. This class is recommended for parents of girls ages 10-15.

Instructor: Robin Bado, MSW, ACSW

0313-08

Guiding Children Through Life's Stressful Events

March 13 & 20 (2 sessions)

Tues., 7:00 - 9:00 p.m.

Location: EF Conference Room

Fee: \$35 / \$60 couple

By providing a safe place for children to share their concerns, giving them truthful and age-appropriate information, validating their feelings, and listening carefully to their words, parents can help children deal more positively with stressful events. During this class we will explore strategies and techniques used with children of different ages, developmental levels, cultures, and family backgrounds, that will assist parents in communicating and approaching sensitive issues more effectively. Reducing the stress of tension-causing events helps to enable our children to face the world with increased coping skills and greater resilience.

Instructor: Mark Staum, LCSW

0430-02

Step In or Step Aside

Knowing When and How to Intervene (or Not) in Your Child's Challenges

April 30 (1 session)

Mon., 7:00 - 9:00 p.m.

Location: TJ Library

Fee: \$25 / \$40 couple

Are you a parent who tends to jump in at the first sign of difficulty to fix things for your children? How can you get involved without doing it for them? How do you let go and trust that they'll be okay? Join this interactive workshop and learn:

- the one thing you must do before giving your child feedback
- how to recognize when your buttons are being pushed
- the mandatory shift parents must make in order to be heard
- a proven tool to determine when your intervention is appropriate
- when to teach versus when to take action.

Instructor: Fern Weis, certified life / parent coach, educator



PHOTOGRAPHY

0424-01

"Capturing the Bloom"

April 24 (1 session)

Tues., 7:00 - 9:00 p.m.

Location: EF Staff Development Room

Fee: \$32

This two-hour photography class will show you how to take pictures of flowers that are as beautiful as the subject. The basic concepts of photography, including equipment selection particular to photographing flowers, will be discussed. The emphasis will be on the use of depth of field, composition, and lighting to create images that are works of art (missing only the fragrance). Participants are encouraged to bring prints of their work to the class. *Instructor: Ray Turkin, photographer*

0318-01

Digital Photography Basics: How to Enhance Your Personal Photos

March 18 & 25 (2 sessions)

Sun., 10:00 a.m. - 12:00 noon

Location: Teaneck Jewish Center

Fee: \$55

If you want to improve your photography skills, learn more about digital camera usage, and processing digital images on the computer, join this two-session workshop with a professional photographer who will inform and inspire you - and keep it simple. In addition, you will learn how to take pictures of family and friends using tips and techniques that are used by the experts. No more red eye, closed eyes, cropped heads, missing feet, etc. Please bring your digital camera (and manual) to class. Important: Students must have working knowledge of their cameras.

Instructor: Nancy Katz, photographer, president ZaZaCreative, LLC



RECREATION & SAFETY

0515-02

Tennis - Beginner/ Beginner Plus (Ages 12 - Adult)

May 15 - June 7 (8 sessions)

(4) Tues., (4) Thurs., 6:00 - 6:55 p.m.

Location: Votee Park Tennis Courts

(weather permitting)

Fee: \$85

This course includes two basic serves, fore-hand and backhand strokes, overhead smash, net volley, rules of the game, and choosing a racket. It is for beginners and for those who have held a racket and spent some time on the courts but are not ready for intermediate tennis. Learn or improve serves, strokes, and volleys and learn the rules of the game. There will be outdoor court play as often as possible. Bring a racket and wear tennis or gym shoes.
Instructor: Herbert McMillan

0515-03

Tennis - Intermediate (Ages 12 - Adult)

May 15 - June 7 (8 sessions)

(4) Tues., (4) Thurs., 7:00 - 7:55 p.m.

**Location: Votee Park Tennis Courts
(weather permitting)**

Fee: \$85

Instruction includes more advanced stroke techniques, and concentration on serve, volley, court strategy, and ground strokes. There will be outdoor play as often as possible. Bring a racket and wear tennis or gym shoes.

Instructor: Herbert McMillan

0430-01

NJ Boating License Course

April 30 & May 2 (2 sessions)

(1) Mon., (1) Wed., 6:00 - 9:30 p.m.

Location: TJ Room 111

Fee: \$60

If you are planning to rent a jet ski or boat and intend to take the wheel or tiller to steer, you must secure a State Police issued Boating Safety Certificate. As of June 2008, anyone running a boat or PWC (personal water craft) in NJ must meet this requirement or face up to a \$500 fine. Once secured, this certificate will be honored in other states that have similar requirements. Join this two-session workshop which includes a lecture, videos and a proctored exam, and learn all the facts you need to know to safely enjoy boating. A course book will be provided and an ID card will be issued by NJ State Police upon successful completion.
Instructor: Captain Frank Dudis, New Jersey Boating College, LLC



SPECIAL INTERESTS

0320-05

Selling on eBay: Basics & Beyond

March 20 (1 session)

Tues., 6:00 - 9:30 p.m.

Location: EF Staff Development Room

Fee: \$65

So you want to be an eBay? Tired of cluttered closets? Can't park the car in the garage because of "stuff?" More than 1,300,000 people make a full or part-time living on eBay. Find out what all this eBay excitement is about. If you've been buying on eBay, and want to learn how to sell, or simply pick up new tips, this class is for you. Learn how to open a Seller account and a PayPal account, do research, create listings, improve your listings with better descriptions and photography, set pricing, monitor your listings, and complete transactions. (Optional eBay Manual - \$23)
Instructors: Marcia Cooper and Harvey Levine, eBay buyers, Gold Powersellers, Trading Assistants and leading Certified Education Specialists trained by eBay

0501-02

Selling on eBay: Basics & Beyond

May 1 (1 session)

Tues., 6:00 - 9:30 p.m.

Location, fee, and description same as above

0301-01

Professional Voice-Overs: Getting Paid to Talk

March 1 (1 session)

Thurs., 6:30 - 9:00 p.m.

Location: EF Room 23

Fee: \$27

Professional voice-acting can be exciting, fun, and lucrative. This interesting and informative class will explore numerous aspects of voice-over work for television, film, radio, books on tape, documentaries, and the internet. We will cover all the basics, including how to prepare the all-important demo and how to be successful and earn great income in this exciting field. Students will have the opportunity to record a commercial script, under the direction of our producer, and hear examples of demos recorded by professional voice actors. There will be time to ask questions.
Instructor: John Gallogly, voice actor, producer, audio engineer, assistant director of Creative Voice Development Group

0614-01

Professional Voice-Overs: Getting Paid to Talk

June 14 (1 session)

Thurs., 6:30 - 9:00 p.m.

Location, fee, and description same as above

0416-01

Dog Training

April 16 - May 21 (6 sessions)

Mon., 6:30 - 7:20 p.m.

Location: EF Gym

Fee: \$125

Whether you have a puppy or an older dog,

you'll learn the basic skills and techniques that put you in control. Teach your dog good manners. All breeds, sizes, and ages are welcome. Bring a certificate of proof showing up-to-date inoculations for distemper (5-in-1 booster) and rabies. Wear comfortable clothes. All dogs need a 6 ft. training leash; puppies need a nylon collar and older dogs need a training collar. Leashes and collars will be offered for sale.

Instructor: Faye Sloan, Puppy Love

0215-01

AAA Two-Point Reduction

Feb. 15 & 16 (2 sessions)

Wed. & Thurs., 7:00 - 10:00 p.m.

Location: EF Staff Development Room

Fee: \$85 / \$60 with AAA membership

(AAA registration forms available at Center)

A discount from 5% to 10% on your basic personal injury protection coverage rate will be allowed for three years after taking this course. Motorists could lose their discount if their licenses are suspended or they accumulate four or more motor vehicle points. This course is also for any motorist who has two or more DMV points on his / her driver's license. At the present time, you may only take this course once in five years to remove two points. This course will not remove your motor vehicle suspension or surcharge.

Instructor: Lt. Bruce Singer, Paramus Police Department, Driver Improvement Association president, and AAA lead instructor

0321-01

AAA Two-Point Reduction

March 21 & 22 (2 sessions)

Location, fee and description same as above

0425-02

AAA Two-Point Reduction

April 25 & 26 (2 sessions)

Location, fee and description same as above

0523-01

AAA Two-Point Reduction

May 23 & 24 (2 sessions)

Location, fee, and description same as above

0620-01

AAA Two-Point Reduction

June 20 & 21 (2 sessions)

Location, fee, and description same as above

0725-01

AAA Two-Point Reduction

July 25 & 26 (2 sessions)

Location, fee, and description same as above



TOURS

The following One-Day and Multi-Day tours are run by Group Tours & Travel LLC. Please register early as space is limited.

***NOTE:** To register, please make checks payable to Group Tours & Travel LLC and mail it, together with a registration form (see page 23), to Teaneck Community Education Center, One Merrison St., Teaneck, NJ 07666.

The following One-Day, fully escorted tours, featuring deluxe motor coaches, are run by Group Tours & Travel LLC, Kinnelon, N.J. Group Tours & Travel LLC is not responsible for delays, cancellations, or circumstances beyond its control, and reserves the right to change its itinerary. Unless otherwise noted, refunds will only be given when cancellation occurs more than 30 days prior to departure.

0315-01

St. Patrick's Festival

Thursday, March 15, 2012

Bus leaves Eugene Field School 9:00 a.m. and returns at approximately 6:00 p.m.

***Fee: \$115 No refunds after Feb. 11.**

You don't have to be Irish to get an early start on St. Patrick's Day with this wearin' of the green trip to Pennsylvania. We start with light refreshments at Ehrharts Restaurant in the Poconos, and enjoy an hour of Irish music and dance before sitting down to a serious family style Irish meal plus open bar. This will be followed by a show featuring Vince & George, winner of American's Funniest People, and, in case you're hungry, another snack before we head for home.

0324-01

Lunch With A Mummy & A Little Bling at the Penn Museum

Saturday, March 24, 2012

Bus leaves Eugene Field School 8:15 a.m. and returns at approximately 6:15 p.m.

***Fee: \$135 (buffet lunch included)**

No refunds after Feb. 23.

Discover a Philadelphia treasure - the Penn Museum - the University of Pennsylvania Museum of Archaeology and Anthropology. We will meet with one of the country's foremost Egyptologists, Dr. Stephen Phillips,

and learn about the secrets behind exhibits - stories of grave robbing, black markets, and shady dealings - plus tales of mummies. The talk will be followed by a Wolfgang Puck catered lunch, and will continue with a tour and talk about the museum's ancient jewelry and fashion collection.

0403-01

Gracie Mansion for Afternoon Tea and Tour / Eataly / Jacques Torres Chocolate

Tuesday, April 3, 2012

Bus leaves Eugene Field School 8:45 a.m. and returns at approximately 5:15 p.m.

***Fee: \$105 No refunds after March 1.**

Enjoy an unusual day in the Big Apple, starting with "Eataly" in the Flat Iron District, a new, fabulous Italian marketplace with the best of edible Italy under one roof. You will have time to shop and eat lunch before heading uptown for a tour of Gracie Mansion, built in 1799 and home of NYC mayors since 1942. An elegant afternoon tea (with tea sandwiches and teacakes) in the mansion will be followed by a stop at the Jacques Torres Chocolate Shop - a final treat before we head home.

0414-01

National September 11 Memorial in NYC & The Hall of Fame of Great Americans

Saturday, April 14, 2012

Bus leaves Eugene Field School 9:30 a.m. and returns at approximately 6:15 p.m.

***Fee: \$70 No refunds after March 13.**

Register early; space is limited.

This is a day of remembrance at two memorials. The first is a well-kept secret: the Hall of Fame of Great Americans and the Bronx Walk of Fame. Designed by Sanford White with the palatial design of a European memorial, it includes 100 busts and provides sweeping views of the area. After lunch on our own in Times Square, we travel to the 16-acre World Trade Center site for reserved time at the 9/11 Memorial - two waterfalls and reflecting pools in the footprint of the Twin Towers.

0514-02

National September 11 Memorial in NYC & The Hall of Fame of Great Americans

Monday, May 14, 2012

Bus leaves Eugene Field School 8:15 a.m. and returns at approximately 5:15 p.m.

***Fee: \$70 No refunds after April 13.**

Description same as above

0421-01

West Point Academy / Lunch in the Hotel Thayer / Knox's Headquarters

Saturday, April 21, 2012

Bus leaves Eugene Field School 8:00 a.m.

and returns at approximately 6:15 p.m.

***Fee: \$135 (includes a buffet lunch)**

No refunds after March 5.

West Point is a comfortable distance from home and a wonderful destination. Our trip includes a tour of the US Military Academy, a buffet lunch in the elegant and historic Hotel Thayer, and free time in the museum and visitors center. We will begin the day with a visit to an area gem - the Revolutionary War headquarters of Major General Henry Knox, later Secretary of War under President George Washington - and learn about the occupation of the house during the war, and life in the Hudson Valley more than 200 years ago.

0512-02

Jonah, An All New Production at the Sight & Sound Theater

Saturday, May 12, 2012

Bus leaves Eugene Field School at 8:15 a.m. and returns approximately 9:00 p.m.

***Fee: \$185 (includes dinner)**

No refunds after March 25.

A huge production on a mighty stage: The Sight and Sound Theater in Lancaster, PA, presents a brand new multi-media extravaganza, *Jonah*, that will immerse you in the bible story, with live actors, incredible sets and costumes, and special effects on a three-sided, 300 foot stage. In addition to the show, we will stop at Kitchen Kettle Village for lunch on our own and shopping time, and will have an included dinner at Miller's Restaurant.

0520-01

Monet's Garden at the New York Botanical Gardens / Lunch on Arthur Avenue

Sunday, May 20, 2012

Bus leaves Eugene Field School at 9:15 a.m. and returns approximately 5:00 p.m.

***Fee: \$135 (includes lunch - indicate choice of entree with registration: Veal Parmigiana; Chicken Francese; Fillet of Sole Scampi Style)**

No refunds after April 17.

No need to travel to France. Join us for a day trip to the NY botanical Gardens to see a special exhibit, *Monet's Garden*, a tribute to the artist in beautiful seasonal flowers. The tour includes the Enid A. Haupt Conservatory, outdoor pools, and the library, with several Monet originals. Lunch will take us from France to Italy, for a wonderful meal prepared and served by the Migliucci family in the 75 year old restaurant on Arthur Avenue that was featured in a Sopranos episode. We will return for a narrated tram tour of the Gardens, with views of 250 magnificent acres, including azaleas and rhododendrons at or near peak.

0526-01

OpSail 2012 / Intrepid Sea, Air & Space Museum / Fleet Week / 2-Hour Circle Line Cruise

Saturday, May 26, 2012

Bus leaves Eugene Field School at 8:45 a.m. and returns approximately 6:30 p.m.

***Fee: \$130 (includes a box lunch: indicate choice when registering - turkey, roast beef, chicken, ham, or cheddar cheese)**

No refunds after April 22.

Fleet Week and OpSail 2012 are being held at the same time this year, which is the 200th anniversary of the War of 1812 and the writing of the Star Spangled Banner. More than 120 countries have been invited to participate in OpSail, and we will not only see the tall ships, but will be able to board some of them. We will also visit the Intrepid Sea-Air-Space Museum and end the day with a two-hour Circle Line Cruise of lower Manhattan.

0609-01

Thimble Islands Boat Cruise & The Shore Line Trolley Museum

Saturday, June 9, 2012

Bus leaves Eugene Field School at 8:00 a.m. and returns approximately 6:30 p.m.

***Fee: \$140 (includes lunch - indicate choice of entree with registration: Walnut & Honey Dijon Encrusted Salmon, Prime Rib of Beef, or Baked Stuffed Apple Cranberry Breast of Chicken)**

No refunds after May 4.

Enjoy a taste of Maine on a one-day tour that is just a hop away. Our destination is the coastal community of Bradford, Connecticut, where we will have a 45-minute boat tour around the Thimble Islands, described as "a piece of Maine coast that drifted into Long Island Sound and came to rest at Stony Creek." After an included lunch in the USS Chowderpot III, we will visit the Shore Line Trolley Museum, and take a ride on a vintage trolley.

Travel in comfort and style with the renowned and reliable Group Tours & Travel LLC. Multi-day trips include airfare, accommodations, and meals and attractions as indicated. Bus tours allow one piece of luggage plus a carry-on bag per person. Please note deposit / full payment information. Cancellations must be in writing to Group Tours & Travel LLC. Travel protection insurance is available and highly recommended but not included. Group Tours & Travel LLC is not responsible for delays, cancellations, changes, or circumstances beyond its control. Passengers are responsible for getting to the departure point. For details, call Group Tours, 973-513-9001.

0427-01

Military Tattoo in Norfolk / Virginia Beach / Colonial Williamsburg

April 27 - 30, 2012 (4 days)

Bus leaves Ridgewood, at 7:45 a.m.; returns at approximately 6:45 p.m.

***Fee: \$925 twin, \$1,130 single. No refunds after March 1.**

Our trip begins in Delaware with a tour of the Governor's residence. From there, we head to Virginia Beach to oceanfront rooms in a three-diamond hotel. We spend a full day in Colonial Williamsburg, and then head to the Virginia Aquarium and Marine Science Center, and, after lunch on the Norfolk waterfront, to the spectacular Virginia Military International Tattoo with marching bands, pipes and drums, military drill teams, gymnasts, Scottish dancers, and choirs, and a cast of 900 performers from around the world. Our final stop is at the National Museum of the Marine Corps.

0504-01

85th Shenandoah Apple Blossom Festival in Virginia

May 4 - 6 (3 days)

Bus leaves Ridgewood, at 7:45 a.m.; returns at approximately 7:00 p.m.

***Fee: \$525 twin; \$625 single. A deposit of \$150 is required with your registration. No refunds after March 31.**

Spend three Spring days in beautiful Virginia, enjoying the 85th Shenandoah Apple Blossom Festival in Winchester in the beautiful foothills of the Blue Ridge Mountains. Highlights include the fabulous Firefighters' Parade and the Grand Feature Parade - with celebrity guests, Cole Brother Circus of the Stars, and over 150 crafters at a Party in the Park.

0602-01

Arts & Crafts Festival in Annapolis, Maryland / Harbor Boat Cruise / Afternoon Tea / Maryland State House

June 2 - 3, 2012 (2 days)

Bus leaves Ridgewood, at 7:45 a.m. and returns at approximately 6:45 p.m.

***Fee: \$330 twin, \$405 single. A deposit of \$100 is required with your registration. Final payment due March 31. No refunds after April 15.**

The *First Sunday Arts Festival* in Annapolis, Maryland offers more than 100 artists' booths and live music in the city's lovely historic district. This two-day getaway will also include a city tour, harbor cruise, visit to the Maryland State House, afternoon tea in a historic tavern, and two nights in the Sheraton Annapolis.

0615-01

Alaska - America's Last Frontier & Canada's Yukon

June 15 - 29, 2012 (15 day cruise/tour)

***Fee: Call Group Tours for details.**

A deposit of \$700 per person required with your registration. Final payment is due March 20. Contact Group Tours for exact cancellation policy.

The best possible way to explore Alaska and Canada's Yukon Territory is by land and sea, and this 15-day tour - utilizing cruise ship, motor coach, boat, and train - provides an

unforgettable, in-depth experience. You will see the most spectacular parks, towns, and scenery imaginable - from Vancouver, Canada, where we begin our trip, to Denali National Park where we spend time on two trains and see incredible sights before winding up in Anchorage, for a final day of exploration on our own.

0701-01

4th of July Holiday Cruise on the Queen Mary 2

July 1 - 6, 2012 (5 days)

***Fee: Contact Group Tours for details.**

Depart from New York. A deposit of \$450 per person twin; \$750 single, is required with your registration. Final payment due March 25. No refunds after June 11.

Enjoy luxury on the high seas (make that low seas; no mid-ocean giant waves will destroy your equilibrium or good time). This five-day cruise to Canada aboard the elegant Queen Mary 2 leaves - conveniently - from NYC and includes a stop in Boston, Mass. on the 4th of July, when the city will be in celebration mode, and in Halifax, Canada, which offers fine dining, shops, and cultural experiences. Sign up early; this cruise will sell out fast.

0707-01

Block Island / Tall Ship Cruise / Providence Rhode Island

July 7 - 8, 2012 (2 days)

***Fee: \$425 twin, \$500 single.**

Bus leaves Ridgewood, at 8:30 a.m. and returns at approximately 6:15 p.m.

A deposit of \$100 is required with your registration. Final payment is due May 1. No refunds after June 1.

This two-day summer getaway will introduce you to the beauty of Providence, Rhode Island. Overnight accommodations are in *The Grand Dame of Providence*, the luxurious Providence Biltmore Hotel. We will enjoy a boat cruise of Narragansett Bay and Newport Harbor with views of the Tall Ships, a riding tour of the city, and a ferry ride to Block Island with a tour there and lunch in its historic hotel.

0713-01

Tanglewood's 75th Anniversary Concert & Ballet at Saratoga Performing Arts Center

July 13 - 15, 2012 (3 days)

***Fee: \$650 twin; \$875 single.**

Bus leaves Ridgewood, at 9:00 a.m. and returns at approximately 6:15 p.m.

A deposit of \$175 is required with your registration. Final payment is due May 10. No refunds after June 9.

Two glorious days of beautiful scenery, music, and dance are yours with this three-day getaway to Massachusetts and New York State. Highlights include reserved seating at Tanglewood for the 75th Anniversary performance

of the Boston Symphony and an evening performance of the NYC Ballet at the Saratoga Performing Arts Center. There will be visits to Stockbridge and Williamstown, MA; the estate of Daniel Chester French, sculptor of the Lincoln Memorial; and the NY State Museum plus meals in delightful restaurants. Accommodations are in Albany's Crowne Plaza Hotel.

0721-01

Yellowstone, Grand Tetons, and Glacier National Parks

July 21 - 30, 2012 (10 days)

*Fee: \$3,245 twin; \$4,245, single. Flights are on Continental Airlines. (Included bus transportation to and from airport departs Graydon Pool parking lot in Ridgewood.)

A deposit of \$500 is required with your registration. Final payment is due May 15. No refunds after June 15.

Start in Billings, Montana - fly back from Spokane, Washington - and, in between, enjoy three magnificent national parks: Yellowstone, Grand Tetons, and Glacier, and all the beauty along the way. This ten-day tour features breathtaking scenery, opportunities to see wildlife, visits to towns and museums that will give you a taste of the Old West, and beautiful accommodations (the last is the four diamond Coeur d'Alene Golf and Spa Resort on a magnificent lake in Couer d'Alene, Idaho). This is a must-do journey in America.

0805-01

Newfoundland & Labrador by Land & Sea: Unimaginable Beauty

August 5 - 15, 2012 (11 days)

*Fee: \$2,250 twin; \$2,900 single. Flights to and from Newark.

A deposit of \$400 is required with your registration. Final payment is due May 15. No refunds after June 15.

This tour of Canada's Eastern provinces offers unparalleled beauty that is a reasonable plane ride away. We begin in St. John's, Newfoundland, and explore an area that was settled by the Vikings more than 500 years before Columbus was born. Highlights include a city tour; whale and puffin cruise; visit to a national park; and views of the magnificent coastline, mountains, meadows, forests; and probably moose - before we head for Labrador via ferry. This Canadian province, with its unspoiled beauty and sparse population, will feel like a trip back in time.

0909-01

The Biltmore Mansion & Estate / The Great Smoky Mountains

Sept. 9 - 14, 2012 (6 days)

*Fee: \$1,650 twin; \$2,120 single. Flights are on Continental Airlines.

A deposit of \$200 is required with your registration. Final payment is due July 1. No refunds after Aug. 1.

This trip to North Carolina combines the natural beauty of the Great Smoky Mountains,

the charm of Asheville, and the magnificence of the Biltmore Estate. Among the highlights are Great Smoky Mountains National Park, the Cherokee Indian Reservation and Museum, Ripley's Aquarium of the Smokies, and the fabulous Biltmore Estate. With three nights at the inn on the property, we will have unlimited access to the magnificent 250 room mansion - the largest private residence ever built in America with gardens, shops, winery and more.

1011-01

American Queen Mississippi River Cruise from St. Louis to St. Paul: A Fall Foliage Tour

Oct. 11 - 20, 2012 (10 days)

*Fee: Contact Group Tours for details. Flights are on Continental Airlines.

A deposit of \$500 is required with your registration. Final payment is due July 1. No refunds after Sept. 3.

Cruising the Mississippi River on a riverboat will take you back in time to a slower way of life, and allow you to enjoy the splendors of fall foliage. The journey on the newest and largest Mississippi steamboat - will have one-night stops, in St. Louis and St. Paul, where riding tours will introduce you to the best of both cities. On board the ship, enjoy elegance, exceptional service, and fabulous dining, and take advantage of excursions to port cities: Hannibal, MO; Dubuque, Iowa; La Crosse, WI; Red Wing, MN; and the Minneapolis Skywalk and Mall of America.



WALKING TOURS

Explore Teaneck and learn the fascinating history of our town on four walking tours with L.J. Robertson. This knowledgeable and dynamic guide will tell stories that evoke the sounds, smells, and excitement of yesteryear. Wear comfortable shoes. Be prepared for strenuous walking (including hills). You will be called the day of the tour if weather causes postponement.

0506-01

Central Teaneck History Walk

Sunday, May 6, 1:00 - 4:30 p.m.

Meet at corner of Cherry Lane and Queen Anne Road at 1:00 p.m.

Fee: \$18 / \$30 with a partner

This long walk 'n talk will cover the area from Cedar Lane to State Street and from the train tracks to the golf course. Learn fascinating facts about the West Englewood Railroad Station, the steam shovel mishap of 1917, World War I heroes, the Phelps Estate, the Rosemaid slipper factory, the early slaughterhouse, the tanning and soap factories, the origins

of the Grayson Street Bridge, and the dual airplane crash and machine gunning of 1942.

0520-02

Cedar Lane History Walk

Sunday, May 20, 1:00 - 3:00 p.m.

Meet at the municipal parking lot at Beverly Road and River Road at 1:00 p.m.

Fee: \$15 / \$25 with a partner

Walk the Lane from the Hackensack River to Overpeck Creek. Relive 250 years of history, learning about the roles of different ethnic groups in building Teaneck.

0603-01

River Road History Walk

Sunday, June 3, 1:00 - 3:00 p.m.

Meet at the municipal parking lot at Beverly Road and River Road at 1:00 p.m.

Fee: \$15 / \$25 with a partner

Learn about the Hackensack River when it was Teaneck's major "highway" in the 18th, 19th, and early 20th centuries, as you walk from Cadmus Court to the historic New Bridge.

0610-01

Southeast Teaneck History Walk

Sunday, June 10, 1:00 - 3:00 p.m.

Meet at Carroll Pl. & Barr Ave., 1:00 p.m.

Fee: \$15 / \$25 with a partner

This 3.5-mile excursion includes the sites of the Lenape Village, Phelps Mansion, home of Mrs. Van Winkle, and the DeGraw Estate. Delve into the mystery of John DeGraw's untimely death, hear infamous stories like that of arson at the Blue Bird Inn or the sniper incident of 1899, and discover intriguing moments and characters of the 19th and 20th centuries.

TW2

Teaneck Women Train & Work

TW2, operated under the aegis of the Teaneck Community Education Center and funded by Bergen County's Workforce Investment Board and One Stop Career Center, provides assistance with career counseling, resume writing, job training, and other support services to job-seekers in Teaneck. Staff will provide or refer any resident to services, including youth (ages 16-21) who are not enrolled in high school; single parents and female heads of household; and residents who are unemployed or underemployed (not earning enough to support their household). TW2 encourages women and girls to enter high-wage, high-skill employment, including fields traditionally dominated by males. For additional information, call (201) 883-0055.



Puffin Super Strides - Thank you, Puffin!

An asterisk (*) indicates *Super Strides* programs, which are offered at a minimum fee thanks to the generosity of the Puffin Foundation. The Puffin is providing a grant to the Teaneck Community Education Center to bring to the school children of Teaneck cultural and educational programs that will enrich the present school curriculum; programs that will be presented in the school facilities after normal school hours; programs designed to maximize the potential of every student; "value added" programs that will provide children with new and invigorating experiences in such areas as science, music, history, and the arts.

NOTE: Please check to see that you have chosen the correct school, grade, and course number before completing the registration form on page 23.



AVIATION

With The Hobby Quest

0305-03

Fabulous Flying Machines (Grades 3 & 4)

March 5 - June 11 (12 sessions)
(no classes March 19, April 9, May 28)
Mon., 2:30 - 3:30 p.m.

Location: Whittier Room 208
Fee: \$35* (Funded by Puffin SuperStrides, all materials included.)
Space is limited!

This exciting new program teaches students to build and pilot their very own model aircrafts, and delight in watching them fly. Our first project is the lightweight *Dragonfly* which has a rechargeable electric motor and a 2-minute flight time. Then, using handmade sling shots, we launch the *Aero Quest* and watch it spiral down from a five-story height. Next is the aerobic *Angel VI*, our first all-wooden model, whose flight maneuvers include loops and boomerang returns. The *Magnum* has a built-in flight timer and can glide the length of a football field. Our final project is the wooden *Fuga* which has design features borrowed from real jet fighters, a high speed take off launcher, and the ability to make sharp maneuvers. Join us for 12 weeks of fun and "fabulous" adventures.
Instructors from The Hobby Quest

0307-02

Fabulous Flying Machines (Grades 3 & 4)

March 7 - May 30 (12 sessions)
(no class April 11)
Wed., 3:00 - 4:00 p.m.

Location: Hawthorne Room 23
Fee and description same as above

0308-03

Fabulous Flying Machines (Grades 3 & 4)

March 8 - June 7 (12 sessions)

(no classes March 29, April 12)
Thurs., 3:30 - 4:30 p.m.
Location: Lowell Room 101
Fee and description same as above



BABYSITTER TRAINING

0326-02

Babysitter Training (Ages 11-15)

March 26 - April 23 (4 sessions)
(no class April 9)
Mon., 3:30 - 4:45 p.m.

Location: BF Teachers' cafeteria
Fee: \$75 (all materials included)

Being a babysitter is a challenging task that requires confidence, knowledge and care. This course is designed to provide young adults (ages 11-15) with information and skills in five critical areas: leadership, safety, basic care, first aid, and professionalism. An American Red Cross certificate is issued upon successful completion of the course. Dress comfortably as many skills are performed while sitting on the floor. Please bring a pen and notebook to class. Students must attend all classes to receive a certificate.

Instructor: Joan Berkowitz, American Red Cross certified, SACC Coordinator



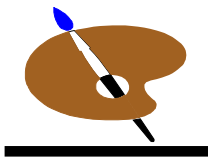
COMPUTERS

0314-03

Keyboarding (Grade 5 - Adult)

March 14 - April 25 (6 sessions)
(no class April 11)
Wed., 6:30 - 7:30 p.m.

Location: BF Room 308
Fee: \$55



ARTS & CRAFTS

0306-06

Young Artists (Grades 2-4) Beginner / Beginner Plus

March 6 - May 1 (8 sessions)
(no class April 10)
Tues., 4:30 - 5:30 p.m.

Location: Whittier Room 208
Fee: \$135 (includes materials and art kit)

Give a child a crayon, a paintbrush, a magic marker, and some paper - and it's instant joy! During this class students will use a variety of materials and techniques to enhance their creativity and imagination as they work on exciting projects. Our focus will be on the use of forms, shapes, and colors to create exciting projects. Added inspiration will come from exposure to the works of known artists, still life objects from nature, photographs, stories, and music. The goal is for children to have fun in a relaxed and positive atmosphere. Individual attention will be given. Please have children wear comfortable clothing that can get dirty.

Instructor: Ronit Neeman Salei, artist, graphic designer

0508-02

Young Artists (Grades 2-4) Beginner / Beginner Plus

May 8 - June 12 (6 sessions)
Tues., 4:30 - 5:30 p.m.

Location: Whittier Room 208
Fee: \$135 (includes materials and art kit)

Description same as above

You may know the computer inside and out, but if you're *hunting and pecking*, you're slowing yourself down. Learn touch-typing techniques to improve your accuracy and develop speed on the keyboard.
Instructor: Randi Allshouse, TPS



DANCE & MOVEMENT

0302-01

Ballet & Creative Movement (Ages 3 - 6)

March 2 - May 4 (8 sessions)

(no classes April 6 & 13)

Fri., 2:30 - 3:15 p.m.

Location: EF Gym

Fee: \$75

This class is designed for the very young dancer. Children will build motor skills and develop confidence as they learn basic ballet steps and interpretive movements in a relaxed and nurturing environment. Comfortable clothing or dancewear may be worn. Ballet slippers are suggested but not required.

*Instructor: Roger Turner, dance teacher,
Center for Modern Dance*

0302-02

Ballet & Creative Movement (Ages 3 - 6)

March 2 - May 4 (8 sessions)

(no classes April 6 & 13)

Fri., 3:15 - 4:00 p.m.

Location, fee, and description same as above

0511-01

Ballet & Creative Movement (Ages 3 - 6)

May 11 - June 8 (5 sessions)

Fri., 2:30 - 3:15 p.m.

Location: EF Gym

Fee: \$45

Location, fee, and description same as above

0511-02

Ballet & Creative Movement (Ages 3 - 6)

May 11 - June 8 (5 sessions)

Fri., 3:15 - 4:00 p.m.

Location, fee, and description same as above



FITNESS

0313-06

Capoeira (Grades 5-8)

March 13 - May 22 (10 sessions)

(no class April 10)

Tues., 3:30 - 4:30 p.m.

Location: BF Dance Studio

Fee: \$115

Capoeira, the 400+ year-old Brazilian art form, combines dance, acrobatics, self-defense, and physical fitness, and - gets you moving! Practice of Capoeira develops strength, flexibility, agility, and balance. Students also learn simple exercise principles and how to make healthy choices in their daily lives. This program is open to those who are new to Capoeira as well as those with experience. Wear comfortable clothing.

*Instructor: Mestre Bayano / Team CAOBA,
Cultural Association of Brazilian Arts*

0306-04

Karate (Grades 2-7)

March 6 - May 15 (10 sessions)

(no class April 10)

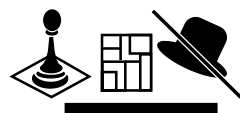
Tues., 5:45 - 6:30 p.m.

Location: EF Gym

Fee: \$95

Give your child the opportunity to discover the tremendous physical and emotional benefits of martial arts training. Karate increases your ability to focus and concentrate while building muscle tone, strength and energy. Life-saving, self-defense techniques provide important life skills that help to develop confidence, discipline, and self-esteem. Join us for a most energizing, educational and enjoyable experience.

Instructor from Shotokan Karate Academy



FUN & GAMES

0306-02

Making Magic (Grade K)

March 6 - June 5 (12 sessions)

(no classes March 27, April 10)

Tues., 2:30 - 3:30 p.m.

Location: Bryant Room 23

**Fee: \$35* (Funded by Puffin SuperStrides,
see page 17.) (Materials are included.)**

Space is limited.

Making Magic is back with brand new magic tricks and activities that you can learn to perform all by yourself! Young magicians will be amazed by the *Floating Stick* which appears to hover in mid air, the extraordinary *Magic Wand* which makes flowers appear from nowhere, the exciting *Exploding Dice*, where one die is turned into four, and the *Changing Bag* where objects disappear and reappear right before your eyes. Master *Mind Reading* techniques, *Rope Illusions*, *Card Tricks*, and the astonishing *Illusion Box* where a torn card is magically restored to its original whole. Magic tricks and supplies are provided for every student and are yours to keep along with a magic diploma. Join now to become a magician and amaze audiences of all ages! Instructors from The Hobby Quest

0306-03

Making Magic (Grade K)

March 6 - June 5 (12 sessions)

(no classes March 27, April 10)

Tues., 3:30 - 4:20 p.m.

Location, fee, and description same as above

0313-04

Puzzle Logical (Grades 3 & 4)

March 13 - May 22 (10 sessions)

(no class April 10)

Tues., 3:30 - 4:20 p.m.

Location: Lowell Room 115

**Fee: \$35* (Funded by Puffin Super Strides,
see page 17.) (Materials are included.)**

Space is limited!

Join us in this exciting program designed to challenge your mind while you're having fun! In Puzzle Logical, you will solve all kinds of hands-on geometric and logic puzzles and play strategy games that range from easy to "mind boggling"! Come test your "mind-bending ability" to find solutions to today's most popular puzzles and strategy games, such as Sudoku, Magic Squares, Plexers, Blokus, Rush Hour, and more! Puzzlers of all levels are invited from puzzle experts to the puzzle perplexed." Join now!

*Instructor: Elana Sarraf, Puzzle Logical LLC,
certified elementary teacher*

0313-05

Puzzle Logical (Grades 3 & 4)

March 13 - May 22 (10 sessions)

(no class April 10)

Tues., 4:30 - 5:20 p.m.

Location fee and description same as above

0309-01

Puzzle Logical (Grades 3 & 4)

March 9 - June 1 (10 sessions)

(no classes April 6, 13, May 25)

Fri., 2:30 - 3:20 p.m.

Location: Whittier Room 208

Fee: \$35* (Funded by Puffin Super Strides, see page 17.) (Materials included.)
Space is limited.

Join us in this exciting program designed to challenge your mind while you're having fun! In Puzzle Logical, you will solve all kinds of hands-on geometric and logic puzzles and play strategy games that range from easy to "mind boggling"! Come test your "mind-bending ability" to find solutions to today's most popular puzzles and strategy games, such as Sudoku, Magic Squares, Plexers, Blokus, Rush Hour, and more! Puzzlers of all levels are invited from puzzle experts to the puzzle perplexed." Join now!

Instructor: Elana Sarraf, Puzzle Logical LLC, certified elementary teacher

0309-02

Puzzle Logical (Grades 3 & 4)

March 9 - June 1 (10 sessions)
(no classes April 6, 13, May 25)
Fri., 3:30 - 4:20 p.m.

Location, fee, and description same as above

0306-11

Chess (Grades 1-4)

March 6 - May 15 (10 sessions)
(no class April 10)
Tues., 2:30 - 3:15 p.m.

Location: Whittier Room 113

Fee: \$35* (Funded by Puffin Super Strides, see page 17.) (Materials are included.)
Space limited to 8 students!

For those children interested and motivated to learn, Chess is a stimulating game that uses the mind and teaches discipline, logic, concentration, analytical and cognitive motor skills, and improves literacy and math. It helps raise self-esteem as children learn to make decisions, evaluate problems, and accept consequences. They learn game tactics, strategies, value of the pieces, positioning and logical calculations to plan the best moves. Chess is fun, exciting and challenging and provides the tools for success in school and in life. Chess games are provided for students during class. It is recommended that a simple / inexpensive chess game be purchased for home use. With practice, children will be able to enjoy success. *(All achievers will be rewarded.)*

Instructor: Izmail Kogan

0306-12

Chess (Grades 1-4)

March 6 - May 15 (10 sessions)
(no class April 10)
Tues., 3:30 - 4:15 p.m.

Location: Lowell Room 106

Fee and description same as above

0306-13

Chess (Grades 1-4)

March 6 - May 15 (10 sessions)
(no class April 10)
Tues., 4:15 - 5:00 p.m.

Location: Lowell Room 106

Fee and description same as above

(Due to the later hour of this class, it is recommended for students attending WPA or traveling from other schools.)

0308-10

Chess (Grades 1-4)

March 8 - May 24 (10 sessions)
(no classes March 29 & April 12)
Thurs., 3:00 - 3:45 p.m.

Location: Hawthorne Room 19

Fee and description same as above

0308-11

Chess: Absolute Beginners (Grades 1-4)

March 8 - May 24 (10 sessions)
(no classes March 29 & April 12)
Thurs., 3:45 - 4:30 p.m.

Location: Hawthorne Room 19

This class is only for children who have never played or have no knowledge of Chess.

Fee and instructor same as above



JUST FOR TOTS

0316-01

Movement & Music - Parent & Child (Ages 1½-3)

March 16 - May 18 (8 sessions)
(no classes April 6 & 13)
Fri., 10:00 - 10:45 a.m.

Location: EF Gym

Fee: \$78

Parents / guardians together with their children, will enjoy activities, songs, movement, simple instrument playing, and musical games. This musical movement program is designed to develop language, listening skills and coordination, and encourage participation and independence. In a nurturing and supportive environment, you and your child will develop a love for music that will have you both singing in the shower (or bath)!
Instructor: Linda Mensch, dance teacher, Center for Modern Dance, Hackensack, NJ & The Moving Company, Warwick NY



MUSIC & DRAMA

The following guitar classes will be taught by Ethan Fiks, guitar teacher, performing musician, and inventor of The MusicStart Learning System.

0329-01

Guitar for Beginners (Ages 10 - 14)

March 29 - June 7 (10 sessions)
(no class April 12)
Thurs., 6:00 - 7:00 p.m.

Location: TJ Room 116A

Fee: \$135 (some materials included)

This course is for students with little or no training who would like to play the guitar for enjoyment. Learn the fingerboard, finger techniques, chord formations, combinations of chord relationships, rhythmic strums, and syncopated rhythms. Develop strength and dexterity and build a repertoire of songs. Bring a guitar and notebook to class.

0628-01

Guitar (Ages 10 - Adult)

June 28 - Aug. 9 (6 sessions)
(no class July 5)

See description on page 12.

0329-03

Guitar / Beginner Plus (Ages 10 - Adult)

March 29 - June 7 (10 sessions)
(no class April 12)

See description on page 12.

0628-02

Guitar: Beginners Plus (Ages 10 - Adults)

June 28 - Aug. 9 (6 sessions)
(no class July 5)

See description on page 12.

0305-02

Learn to Play Music! Introduction to Guitar and Keyboard (Ages 5 and older)

March 5 - May 21 (10 sessions)
(no classes March 19, April 9)
Mon., 3:00 - 4:00 p.m.

Location: Hawthorne Room 14

Fee: \$145 (includes keyboard and guitar rental and materials)

Don't just play *Guitar Hero* and *Rock Band*, play guitar! This class prepares students (with little or no training) to play guitar, or almost any instrument, using the patented MusicStart® method and instrument (see beginmusic.com). It creates a foundation for further guitar study, which also is offered in Teaneck. MusicStart® keyboards and guitars will be provided as needed. Further instructions will be given at the first class. Keyboards may be purchased for an additional fee (\$35 - paid to instructor).
Instructor from the Music Path Co., Inc.

0306-01

Learn to Play Music! Introduction to Guitar and Keyboard (Ages 5 and older)

March 6 - May 15 (10 sessions)

(no class April 10)

Tues., 3:30 - 4:30 p.m.

Location: Lowell Room 117

Fee and description same as above

0308-01

Learn to Play Music! Introduction to Guitar and Keyboard (Ages 5 and older)

March 8 - May 24 (10 sessions)

(no classes March 29, April 12)

Thurs., 2:30 - 3:30 p.m.

Location: Whittier Room 228

Fee and description same as above

0308-02

Learn to Play Music! Introduction to Guitar and Keyboard (Ages 5 and older)

March 8 - May 17 (10 sessions)

(no class April 12)

Thurs., 2:30 - 3:30 p.m.

Location: Bryant Room 3

Fee and description same as above

0327-03

The Healing Drum / World Rhythm Circle (Grades 1-4)

March 27 - May 22 (8 sessions)

(no class April 10)

Tues., 3:00 - 4:00 p.m.

Location: Hawthorne Room 14

Fee: \$90 (instruments provided)

Children have a natural love of music that when nurtured will encourage creativity, imagination, and self-expression. During this invigorating class, they will learn from a professional drummer how to play a variety of percussion instruments, such as shakers,

bells, tambourines, blocks and hand drums, designed to introduce them to musical concepts as well as rhythms from around the world. This class is appropriate for all children - from beginners to more experienced musicians.

Instructor: Chuck McPherson, drum artist / teacher

0422-03

"Family" World Rhythm Circle: Parents & Children

April 22 (1 session)

Sun., 2:00 - 3:00 p.m.

Location: Instructors home (Teaneck)

Fee: \$25 (parent / child couple)

The goal of this "family" drumming / rhythm workshop is to have parents and children experience the thrill of making music together in a lively and supportive setting. Join the circle for a musical, stress-free afternoon where you will learn to play a variety of percussion instruments, enjoy different rhythms, clap, sing, move, dance, lift your spirits, and just have fun. No prior experience is necessary.

Instructor: Chuck McPherson, drum artist / teacher

The following "Fairy Tale Trials" program is being taught by Julie Miller Romeo, writer, producer, experienced in classroom and courtroom, and former director of Public Affairs & Education for the court system in Chicago.

0425-03

Order in the Courtroom: The Law Through Fairy Tales (Grades 3 & 4)

An award-winning theater program

April 25 - May 30 (6 sessions)

Wed., 3:40 - 4:40 p.m.

Location: Lowell Room 116

Fee: \$35* (Funded by Puffin Super Strides, see page 17.) (All materials are included.)

Students participate in a hip, modern play / trial that is an extraordinary integration of law, literature, and theater. Familiar fantasy characters are offered a real chance at justice in the American legal system. "Little Red" petitions for her driver's license after drinking and driving with a teenage wolf! Witnesses are called, arguments are presented and instructions are given - but no verdict is rendered. That difficult task is reserved for audience members who are sworn in as the jury to grapple with the challenging moral and legal issues. Through multiple lenses, this "Fairy Tale Trials" program develops critical thinking skills and ignites the intellect and imagination. The supplementary curriculum provides an interdisciplinary mix of writing, rhetoric, drama, and debate, preparing students to take on the varied roles of lawyer, witness, judge, jury, and storyteller.



PHOTOGRAPHY

0305-04

Kids & Cameras (Gr. 1 & 2)

New Techniques in Photography

March 5 - June 11 (12 sessions)

(no classes March 19, April 9, May 28)

Mon., 2:30 - 3:30 p.m.

Location: Whittier Room 123

Fee: \$35* (Funded by Puffin Super Strides, see page 17.) (All materials are included.)

Discover new ways to look at the world through the lens of a camera during this creative and exciting class in digital photography. Using state-of-the-art digital cameras and super cool laptops, you will learn the latest techniques in photography, tricks to getting the best possible pictures, and how to shoot like a pro. Create wonderful masterpieces and enjoy presenting them to family and friends at the Gallery Show during the last class. Develop skills that will last a lifetime and become the official recorder of all important friends' and family happenings!
Instructors from The Hobby Quest

0307-03

Kids & Cameras (Gr. 1 & 2)

New Techniques in Photography

March 7 - May 30 (12 sessions)

(no class April 11)

Wed., 3:00 - 4:00 p.m.

Location: Hawthorne Room 24

Location, fee and description same as above

0308-04

Kids & Cameras (Gr. 1 & 2)

New Techniques in Photography

March 8 - June 7 (12 sessions)

(no classes March 29 & April 12)

Thurs., 3:30 - 4:30 p.m.

Location: Lowell Room 105

Fee and description same as above



SCIENCES

The following Little Scientists® programs are taught by instructors whose hands-on approach to teaching and learning was created to achieve two goals: to instill in children a passion for the exciting world of science, and to help children develop specific scientific skills that will enable them to enjoy a lifetime of learning.

0314-01

Little Scientists® (Grade K)

March 14 - May 9 (8 sessions)

(no class April 11)

Wed., 2:30 - 3:15 p.m.

Location: Bryant Room 23

Fee: \$88

Through entertaining demonstrations, simple experiments and projects, children learn to observe, measure, classify, compare, predict, communicate and gain information. *Little Scientists* classes increase a child's curiosity, help develop critical thinking and provide a platform for later learning. Topics include: the magic of colors, kaleidoscopes, crystals, the magic of winter, magnets, why the sky is blue, the science of sound, gravity, states of matter and rockets. Every class includes a hands-on, take-home project and a course booklet.

0314-02

Little Scientists® (Grade K)

March 14 - May 9 (8 sessions)

(no class April 11)

Wed., 3:30 - 4:15 p.m.

Location, fee, and description same as above (Due to the later hour of this class, it is recommended for students attending SACC or traveling from other schools.)

0326-03

Little Scientists® (Grades 1-4)

March 26 - May 21 (8 sessions)

(no class April 9)

Mon., 3:30 - 4:15 p.m.

Location: Lowell Room 115

Fee: \$88

Through entertaining demonstrations, simple experiments and projects, children learn to observe, measure, classify, compare, predict, communicate and gain information. *Little Scientists* classes increase a child's curiosity, help develop critical thinking and provide a platform for later learning. Topics include: the power of pressure, inertia, what holds us up, electricity, inside an electric motor, how straws work, the science of flying, what makes a ball bounce, all about electromagnets, and separation science. Every class includes a hands-on, take home project and a course booklet.

0306-08

Ladies Detective Agency (Grades 3 & 4 Girls)

March 6 - May 1 (8 sessions)

(no class April 10)

Tues., 3:40 - 4:40 p.m.

Location: Lowell Room 115

Fee: \$35* (Funded by Puffin Super Strides, see page 17.) (Materials are included.) Space is limited!

Through a simulated crime-scene set up (stolen candy), students will experience the role of a forensic scientist. They will photograph the crime scene and collect, examine, analyze, and keep track of the evidence to pick the most likely suspect for the crime. Students will learn how to interview a suspect to gain information that will help them determine the verdict. In addition, students will be visited by adult scientists doing the same work in Teaneck. This exciting program is offered for girls only in order to encourage interest in the sciences. Space is limited to ten students.

Instructor: Jean Myers, science educator

0520-03

Fascinating Foraging Tour With Family and Friends

May 20 (1 session)

Sun., 1:00 - 3:00 p.m.

Location: A meeting place in Teaneck will be provided

Fee: \$15 / \$25 couple (\$8 per child)

Join fascinating foragers / primitive technologists on a walk through time, along a river, in a park, or through the woods as you encounter plants, trees, mushrooms, and more, as ancestral foods, medicines, and technologies. Examine re-creations and replicas of ancient tools and other hardware made from the surrounding environment, and, if you care to, bring home samples of wild food complete with recipes. This memorable tour will have you seeing the familiar environment in a new and (ab)original way.

Instructors: Steve and Debbie Adams, primitive technologists, foragers, and extremely fascinating people!



SAT PREP

0426-01

Kaplan On Campus SAT Juniors and Seniors

(Course completed before June test)

April 26 - May 29 (10 sessions)

(5) Tues. & (5) Thurs., 5:30 - 8:30 p.m. - classes (*5:30 - 9:30 p.m. - practice tests, first test until 10:00 p.m.) April *26, May 1, 3, *8, 10, 15, *17, 22, *24, 29

Location: THS Room 103

Fee: \$499 (make check or money order payable to Kaplan Test Prep and send it together with the registration form to: Teaneck Community Education Center) (see page 23)

Kaplan is revolutionizing the way we prepare students for test day in order to deliver the most personalized prep available. We're keeping our proven methods, strategies, and content, but we're improving all of our courses

with our exclusive Smart Track system. Smart Track personalizes student prep with: an online experience that adapts to each student through a custom study plan; a classroom experience customized for students through dynamic lesson plans - no two Kaplan classes are ever the same; an integrated learning system that saves time when preparing for multiple tests; and progress tracking at your fingertips with online student and parent reports. Kaplan, the world leader in test preparation, offers unmatched expertise and guaranteed results. Now, we proudly offer the most personalized prep program available. Experience the Kaplan difference! Visit us online at kaptest.com/kas or call 1-800-KAP-TEST (press 4). We'll help you prep smarter and score higher - guaranteed or your money back.

NEW College Prep Advantage

Fee: \$999

Kaplan now offers a complete Prep Course (see above description) for both the SAT and ACT. Everything you need to get into college, from the PSAT, SAT and ACT programs through your college application. Included is access to an online resource library to prep for SAT Subject Tests and AP exams. For more information please call 1-800-KAP-TEST or visit www.kaptest.com/college.

0307-01

Lentz & Lentz SAT Preparation

March 7 - April 25 (8 sessions)

(no class April 11)

(7) Wed., March 7, 14, 21, 28 April 4, 18, 25 6:30 - 9:30 p.m., (1) Sun., April 22, test, 1:15 - 4:15 p.m., at Fair Lawn Jewish Center, 10-10 Norma Ave., Fair Lawn, N.J.)

Location: BF Room 206

Fee: \$365 (make check or money order payable to Lentz & Lentz and send it together with the registration form to: Teaneck Community Education Center)

Lentz & Lentz, a quality program with low tuition, has had proven results helping thousands of students throughout the northeastern United States prepare for the SAT exams for over thirty-seven years. This preparatory program includes course materials, individualized extra help at no charge, live make-ups throughout Bergen County, audio discs for review or as a supplement for missed lessons and complementary fall review sessions. The audio discs are extremely helpful to all students, especially those with cognitive and perceptual disabilities. The course features test-taking skills, vocabulary development, essay writing, grammar skills, advanced math review, short-cut math, reading interpretation, speed reading improvement techniques, and tip sheets. We use our own copyrighted curriculum in conjunction with SAT-type questions, to reflect the most recent changes in the format of the SAT. Spring classes will be held in conjunction for students taking the May or June SAT. For more information please call 1-800-866-SATS (7287) or visit www.lentzsatprep.com.

Instructors from Lentz & Lentz

TEANECK SCHOOL VACATION PROGRAMS

Working Parents . . . There is help during days off from school during the year!

Camp Kookooskoos will be offered again for Teaneck residents and non-residents in Grades PreK-6 (four years old by Oct. 1, 2011). Please Register early to ensure that the programs run!

Activities include: arts and crafts, cooking, edible bingo, board games, basketball, relay races, hoola hoops, jump rope, outdoor play (weather permitting), videos, dance, and more. **Special programs may include:** programs from Hobby Quest (Aviation, Making Magic, or Kids & Cameras)

Hours: 8:30 a.m. - 5:30 p.m.

Extended day hours: 7:30 - 8:30 a.m. and 5:30 - 6:15 p.m. (available at an additional fee.)

Location: Bryant School, One Tryon Ave.

To register:

1. Call immediately for a **Vacation Camp application** or pick one up at the Center.
2. Mail or bring in your completed application with a check or money order to: *Teaneck Community Education Center*
One Merrison Street, Teaneck, NJ 07666

Spring Recess

April 9 - 13 (5 days / Mon. - Fri.)

Residents: \$250 / \$240 second child in family

Non-residents: \$270 / \$260 for second child in family

Extended Day: AM \$30 / PM \$25 / per child

Vacation Camp Applications are available at the Center!



OPTIONAL PRE-K WRAP PROGRAM

A full-day (paid) option for children accepted into Teaneck District Pre-K Half-Day at Bryant School

The Teaneck Community Education Center is offering a Pre-K Wrap program that provides extended child care for a half-day plus an included lunch period, so that children accepted into the Teaneck Pre-K half-day at Bryant School will be able to remain at Bryant for a full school day. The program follows the Teaneck Public Schools calendar. **There is a charge for this extended day program offered by the Center.**

The pre-kindergarten program will engage three- and four-year-olds in developmentally appropriate activities and hands-on learning in a warm and nurturing environment. The goal is for children to acquire the fundamental skills needed for future success in kindergarten.

Space is limited. For additional information, please visit or call the Center at (201) 833-5514.

Reminder for Working Parents:

SACC - School Age Child Care is available before school and after school at **Bryant**, and after school at **Benjamin Franklin** and **Thomas Jefferson** middle schools. Call for a SACC Application at (201) 833-5514 or pick one up at the Center.



SUMMER CAMPS



Camp Kookooskoos 2012 (Grades K-8) (CIT-Grade 10)

Camp Kookooskoos is a six-week program for children entering grades K-8 (Grade 10 for the CIT program) in September 2012.

Children enjoy sports, arts, crafts, science, music, swimming, special events, trips, and more. Camp will be held June 25 - August 3 (no camp Wednesday, July 4), from 8:30 a.m. - 4:30 p.m. Extended day options and kosher lunches will be available. **You may register for 6 weeks or 2-week sessions (if space is available).**

Registration for Two-week and Four-week sessions for returning and new campers begins on January 31.

Registration will be taken on a first come, first served basis.

Applications are available at the Center.



Musical Words (Grades 2-6)

Mack Brandon, Ramapo College music professor and former Teaneck teacher, returns with this outstanding program that combines language arts instruction with the arts (singing, dancing, drawing, sculpture, and performing) for children entering grades 2-6 in September 2012. *Musical Words* features a staff of dynamic teaching professionals who make reading and learning fun. Two, 2-week sessions are available: Monday, June 25 - Friday, July 6 (no camp Wednesday, July 4) and / or Monday, July 9 - Friday, July 20. Each session will be completely different. Hours are 9:00 a.m. - 3:00 p.m. **Information and applications are available at the Center (One Merrison Street). Visit or call us at (201) 833-5514.**



The Camp at Teaneck Creek (Grades 2-3) (Grades 4-5)

In a natural and beautiful outdoor setting, *The Camp at Teaneck Creek* will be run by the Teaneck Community Education Center in collaboration with The Teaneck Creek Conservancy. It is being offered to Teaneck children entering grades 2-5 in September 2012 at a minimal fee, thanks to a very generous grant provided by the Puffin Foundation. There are two single week sessions (Aug. 6-10 and Aug. 13-17); hours are 9:00 a.m. - 2:00 p.m.

Week 1 - (Grades 4 & 5) Aug. 6-10

Out of the Woods and Into the Courtroom, introduces concepts of ethics, justice, and fairness, and immerses each child entering Grades 4-5 in courtroom adventures through improvisational theater games and role-playing activities. In addition, children will explore the natural world of the Teaneck Creek Conservancy and create art inspired by their findings.

Week 2 - (Grades 2 & 3) Aug. 13-17

The wonderfully exciting HobbyQuest programs - *Kids & Cameras* and *Making Magic* - provide children entering Grades 2-3 with the opportunity to develop skills that will last a lifetime. Included are games, activities, and simple exercises.

Call the Center for information and applications (201) 833-5514.



Mark your calendar and save the dates:

7th Annual Teaneck International Film Festival 2012

Friday - Sunday, November 9-11

Kick-off party for business partners, sponsors / donors, and celebrity guests, Thursday evening, November 8

**A donation of \$25 or more = 2 invitations to the kick-off party. Mail donation to TIFF, 20 Puffin Way, Teaneck, NJ 07666*

The theme remains **Activism: Making Change**. We will have features, documentaries, and shorts that will make you think, laugh, cry, talk, and want to do something to change the world. There will be talk-backs with film folks, special events, Kid Flix, and participation by Teaneck teens.

Make a contribution, submit a film, volunteer, FIND OUT MORE. Call 201 / 203-1723 or e-mail tiff@teaneckfilmfestival.org. Check the web site: www.teaneckfilmfestival.org and follow us on Facebook.

SPRING 2012 Registration Form (Not for AAA Two-Point Reduction or Vacation Camp Registrations)

Course # _____ Course Title _____ Fee _____
Name of Registrant (Please print) _____ E-mail _____
Telephone: Day _____ Evening _____ Cell _____
Address _____ City _____ State _____ Zip _____

If you are registering your child, please fill in the following information:
Emergency Contact (other than parent): Name _____ Telephone _____

Make check or money order payable to: **Teaneck Community Education Center**, One Merrison St., Teaneck, N.J. 07666. No receipt or reminder will be mailed. Fees are not refunded for any reason after class begins unless the class is canceled. A refund or credit, less a \$10 processing fee, will be issued with written notification of withdrawal 5 working days prior to the start of a class (two weeks prior to departure of a one-day tour). For information ☎ (201) 833-5514.



SPRING 2012 Registration Form (Not for AAA Two-Point Reduction or Vacation Camp Registrations)

Course # _____ Course Title _____ Fee _____
Name of Registrant (Please print) _____ E-mail _____
Telephone: Day _____ Evening _____ Cell _____
Address _____ City _____ State _____ Zip _____

If you are registering your child, please fill in the following information:
Emergency Contact (other than parent): Name _____ Telephone _____

Make check or money order payable to: **Teaneck Community Education Center**, One Merrison St., Teaneck, N.J. 07666. No receipt or reminder will be mailed. Fees are not refunded for any reason after class begins unless the class is canceled. A refund or credit, less a \$10 processing fee, will be issued with written notification of withdrawal 5 working days prior to the start of a class (two weeks prior to departure of a one-day tour). For information ☎ (201) 833-5514.



SPRING 2012 Registration Form (Not for AAA Two-Point Reduction or Vacation Camp Registrations)

Course # _____ Course Title _____ Fee _____
Name of Registrant (Please print) _____ E-mail _____
Telephone: Day _____ Evening _____ Cell _____
Address _____ City _____ State _____ Zip _____

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One Merrison Street
Teaneck, New Jersey 07666
(201) 833-5514

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S P R I N G 2 0 1 2

Want to teach? Want to take a course? Let us know!

The Center is always looking for enthusiastic, knowledgeable instructors to teach exciting new courses. If you would like to teach a course **or** take a course that has not been offered, please let us hear from you. Call the Center at (201) 833-5514, email: kyucht@teaneckschools.org, or send a proposal and resume to the Teaneck Community Education Center, One Merrison Street, Teaneck, N.J. 07666. Ideas for new courses are always welcome. We want to continue to ensure that we have "something for everyone."

Karen Yucht

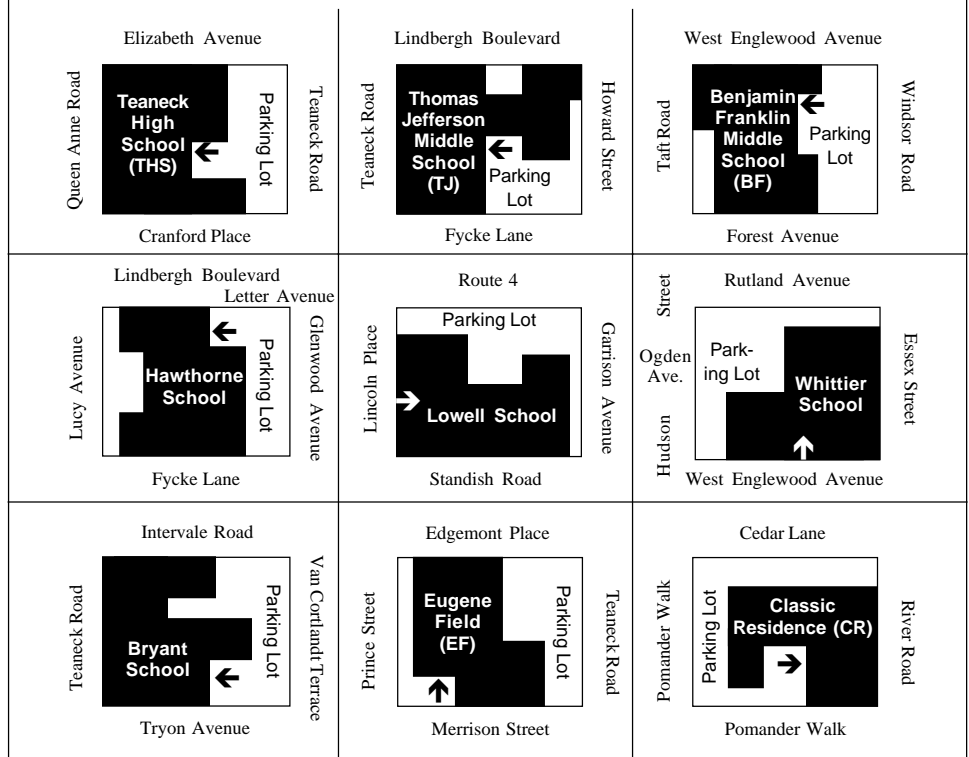
Attention "Camp" Lovers

Are you a high school senior, a college student, a young adult, a teacher - with a kid's heart and an adult's head? Are you enthusiastic, outgoing, responsible, patient, dedicated, creative, joyful - in other words, a real camp person? Camp Kookooskoos is looking for day camp counselors for the 2012 season to join the cast of characters who supervise, entertain, and simply adore Camp Kookooskoos and its campers. Applications are now being accepted for general counselors as well as specialty counselors. For additional information, call (201) 833-5514 or email Eileen Sevano: esevano@teaneckschools.org.

With a name as kooky as Kookooskoos, how can you go wrong?

Getting Your Foot in the Door

Students attending Teaneck Community Education Center classes in one of the following buildings may enter the building through the door indicated by an arrow (←):



The Teaneck Community Education Center reserves the right to decide which courses shall be offered, in accordance with Board policy and regulations and criteria established by the Teaneck Community Education Center Advisory Board.

**REGISTER BY MAIL OR IN PERSON: 9 AM - 4 PM
Monday through Friday
One Merrison St., Teaneck**